



# FOOD FOR THOUGHT

Weeks of 2/15/2021 – 2/18/2021 **MENU**

## SOUPS & SIDES

- Soup:** Creamy Baked Potato  
 Small \$2.49  
 Large \$3.49
- French Fries** \$1.99

## SALADS

- Side Garden Salad** \$2.25  
*(Can be made without gluten and vegan)*  
 Crisp romaine lettuce with cucumber, tomato, red onion, carrots and croutons.
- Classic Caesar Salad** \$4.49  
 Crisp romaine lettuce, croutons, parmesan cheese, red onions and tomatoes with Caesar dressing.

- Pesto Quinoa Grain Bowl** \$4.49  
*(vegan and made without gluten)*  
 Quinoa, spinach, grape tomato, cucumber, and pine nuts tossed in pesto sauce.

Add grilled chicken for \$1.99

Dressing options: Ranch, Caesar, House Vinaigrette, Bleu Cheese, or Honey Mustard.

## BRICK-OVEN PIZZA

- Cheese** *(Vegetarian)* \$4.99  
 House-made red sauce, with mozzarella cheese
- Buffalo Chicken** \$5.49  
 House-made Buffalo-bleu cheese sauce, Buffalo chicken, and mozzarella cheese
- Margherita** *(Vegetarian)* \$5.49  
 Basil pesto, sliced tomato and mozzarella cheese

Optional add-on toppings \$\$.50 each  
 Pepperoni, bacon, vine-ripe tomatoes, crispy chicken, grilled chicken

## SANDWICHES

- Breakfast Sandwich** \$3.49  
 Egg, bacon, and cheddar cheese on a soft roll or focaccia bread
- Classic Grilled Cheese Sandwich** *(Vegetarian)* \$5.49  
 Cheddar and provolone cheeses, on focaccia bread, served with house fried potato chips, and a pickle.

- Caprese Panini** *(vegetarian)* \$5.49  
 Vine-ripened tomato, provolone cheese and fresh pesto on toasted focaccia, served with house fried potato chips, and a pickle.

- ½ Sandwich & Cup of Soup or Fries** \$5.99  
*(Grilled Cheese or Panini)*

- Buffalo Chicken Wrap** \$5.99  
 Crispy buffalo chicken, romaine lettuce and bleu cheese sauce in a whole wheat wrap, served with house fried potato chips, and a pickle.

## ENTREES

- House-made Chicken Fingers** \$6.49  
 Served with French Fries, pickle and choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Buffalo Sauce.

- Weekly Highlight:**  
**Traditional Macaroni & Cheese**  
*(Vegetarian)*  
 side \$1.99 Entrée \$4.99  
 Creamy baked macaroni with cheddar cheese.

## DESSERTS

- Brownie or Cookie Sundae** \$2.49  
 Warm brownie or chocolate chip cookie with vanilla ice cream and whipped cream.
- Fudgy Brownie or Chocolate Chip Cookie** \$1.49
- Jumbo Blueberry Muffin** \$1.99

## BEVERAGES


- Milkshake** \$2.99  
 (Vanilla, Chocolate, or Strawberry)
- Assorted Beverages** \$1.49  
 Assorted bottled beverages, coffee, hot tea



*The Hospitality Program at Monroe Community College  
welcomes you to **Food For Thought**.  
Our students are available to serve you in this instructional laboratory  
Monday through Thursday from 11:30 a.m. to 1:00 p.m. for dine-in service  
The restaurant is open for take-out and grab & go service 11:30 a.m. to 1:15 p.m.*

*The faculty, staff, and students thank you  
for your patronage.*

*Please call **292-FOOD (x3663)** for reservations and information about Food For Thought*

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**Hospitality Management**  
MONROE COMMUNITY COLLEGE