



Watch for Mindful Menu Solutions...

Look for the
Well Balanced
symbol to find your way
to better nutrition.

*Celebrate American Heritage
Month!!*

Hours

Monday - Thursday: 7:30m- 6:00pm
Friday 7:30m-3:00pm

Managers

Tom Van Pelt
292-2513

	Vegan
	Vegetarian
	Mindful

MARKETPLACE

Week of Monday April 30

Monday

- Soup: Vegetable Chili (Mindful)
Classic French Onion Soup
Chicken & Noodle Soup
- Grill @: Texas French Toast
Dijon Turkey Burger with Apple Chutney
- Brighton Entree: Spinach Stuffed Pork Chop & Sweet Potato
- Magellan's: Meat Lasagna
- Pizza: Taco Pizza

Tuesday

- Soup: Black Bean, Sausage and Rice Soup
Split Pea Soup with Ham
Vegetable Chili (Mindful)
- Grill @: Texas French Toast
Dijon Turkey Burger with Apple Chutney
- Brighton Entree: Thai Citrus Beef Stir Fry with Rice
- Magellan's: BBQ Pork Ribs
Country Style Potato Salad

Wednesday

- Soup: Vegetable Chili (Mindful)
Cream of Spinach Soup
Hearty Turkey & Noodle Soup
- Grill @: Texas French Toast
Dijon Turkey Burger with Apple Chutney
- Brighton Entree: Homestyle Meatloaf
Garlic Mashed Potatoes
Roast Vegetables

Thursday

- Soup: Vegetable Chili (Mindful)
Cream of Tomato Soup
Minestrone Soup
- Grill @: Southwestern Omelet & Roaster Potatoes
Fried Chicken Wrap
- Brighton Entree: Basil Lemon Chicken Breast & Couscous
- Magellan's: Deluxe Grilled Cheese on Texas Toast
- Pizza: Taco Pizza

Friday

- Soup: Vegetable Chili (Mindful)
Classic New England Clam Chowder
- Grill @: Southwestern Omelet & Roaster Potatoes
Fried Chicken Wrap
- Brighton Entree: Haddock Fillets, Raw, 4-6 oz
Creamy Cole Slaw
Roasted Potatoes
- Magellan's: Haddock Fillets, Raw, 4-6 oz