## Healthy Topics for Everyday Living!

**R. Thomas Flynn Campus Center Atrium** 

MCC Health Services "Healthy Topics for Everyday Living" is a 1-hour tabling event where students may learn about health topics from expert resources in our community.

## MCC Healthy Topics for Everyday Living / SPRING 2017 Schedule:

Day	Date	Time	Presenter	Topic /Title
Wednesday	02/01/2017	12:00-1:00	Health Services	MCC Is Tobacco Free Inside & Out
Thursday	02/02/2017	12:00-1:00	Health Services	Health Services can
Monday	02/06/2017	12:00-1:00	HFP- Holly, Jessica	All about Birth Control
Wednesday	02/08/2017	12:00-1:00	Health Services	Alcoholwhat's your limit?
Thursday	02/09/2017	12:00-1:00	SNAP - Pamela	Supplemental Nutrition Assistance Program
Monday	02/13/2017	12:00-1:00	RESTORE - Emmy	Sexual Assault Awareness
Wednesday	02/15/2017	12:00-1:00	HFP-Holly, Jessica	Healthy Relationships
Thursday	02/16/2017	12:00-1:00	Health Services	How to work off that Valentine chocolate
Monday	02/27/2017	12:00-1:00	CPGR - Rachel	Heroin – what you should know
Wednesday	03/01/2017	12:00-1:00	HFP-Holly, Jessica	STI's prevention
Thursday	03/02/2017	12:00-1:00	PP - Jenna	Planned Parenthood
Monday	03/06/2017	12:00-1:00	HFP-Holly, Jessica	HFP – What is offered
Wednesday	03/08/2017	12:00-1:00	SNAP- Pamela	Supplemental Nutrition Assistance Program
Thursday	03/09/2017	12:00-1:00	JH -Krysta	Birth Control
Monday	03/13/2017	12:00-1:00	HFP-Holly, Jessica	Sexuality
Wednesday	03/15/2017	12:00-1:00	Health Services	Initial Exercise Challenge
Thursday	03/16/2017	12:00-1:00	Health Services	Spring time - Smoke Free Fresh air
Monday	03/20/2017	12:00-1:00	MCHD - John	STI Testing
Wednesday	03/22/2017	12:00-1:00	Health Services	How to win at Alcohol games
Thursday	03/23/2017	12:00-1:00	CPGR - Rachel	Gambling
Monday	03/27/2017	12:00-1:00	MCC- Psy - Jim	292-Baby
Wednesday	03/29/2017	12:00-1:00	CSPMC - Donna	Cancer Prevention
Thursday	03/30/2017	12:00-1:00	HFP-Holly, Jessica	Reproductive Coercion
Monday	04/03/2017	12:00-1:00	RESTORE - Emmy	Sexual Assault Awareness
Wednesday	04/05/2017	12:00-1:00	JH - Krysta	Healthy / Unhealthy Relationships
Thursday	04/06/2017	12:00-1:00	RESTORE - Karly	Sexual Assault Awareness
Monday	04/10/2017	12:00-1:00	FLDRN - Amy	Organ Donation Awareness Month
Thursday	04/13/2017	12:00-1:00	SNAP - Pamela	Supplemental Nutrition Assistance Program

