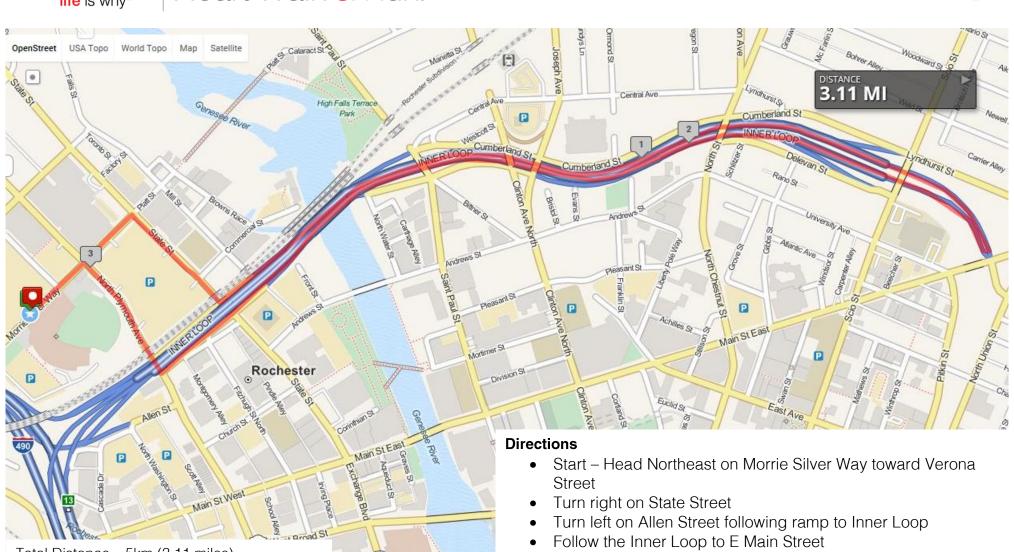


## Rochester Heart Walk & Run.

## **Route Map**



383

Total Distance – 5km (3.11 miles)

Start & Finish - Frontier Field

Organized by Fleet Feet Sports and YellowJacket Racing

- Turn right back onto the Inner Loop
- Follow the Inner Loop back to the Allen Street Exit
- Follow Ramp to Plymouth Ave North, turn right
- Turn Left on Morrie Silver Way toward finish