2014 My Heart. My Life. Rochester Heart Walk April 12, 2014 Outdoor Walk Route Map



Heart Walk.

The 2014 walk will begin by exiting out the back of the Blue Cross Arena heading west on Court St. to Exchange Blvd. Heading South on Exchange Blvd, the Walk will then meet up with the River Path and continue to the University campus, crossing over to east side of the river back to Court Street.

For those choosing to the 2 Mile option, you will cut over the Ford Street Bridge to the east side of the river and back to Court Street.

- 3.5 Mile Walk taking in the beautiful views along the River Walk right to the University of Rochester Campus
- 2 Mile option with a cut through area on the Ford Street Bridge
- Court Street Finish Line Celebration
- More information to follow as
 Entertainment and activities are final

