



MARCH



 Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	 Saturday
National Nutrition Month	National "Save your Vision" Month	National Colorectal Cancer Awareness Month	1 Knitting Circle 12:00-1:00pm PAC 10-182	2	3	4
5 National Sleep Awareness Week	6	7	8 Estate & Medicaid Planning 5-7pm, Rm 8-100 Knitting Circle 12:00-1:00pm PAC 10-182	9 World Kidney Day	10	11
12	13	14	15 Meridian Tapping 4-5:30 pm 10-182 Knitting Circle 12:00-1:00pm PAC 10-182	16	17 	18
19 National Poison Prevention Week	20	21	22 Knitting Circle 12:00-1:00pm PAC 10-182	23	24 Walk for United Way 3:45-4:45 pm Brighton & DCC	25
26 	27 10 Work-Day Food & Fitness Challenge	28 American Diabetes Association Alert Day 10 Work-Day Food & Fitness Challenge	29 10 Work-Day Food & Fitness Challenge Knitting Circle 12:00-1:00pm PAC 10-182	30 10 Work-Day Food & Fitness Challenge	31 10 Work-Day Food & Fitness Challenge	