



**Is your life out of balance? Are there
excesses in your life that
you would like to have
better control over?
(food, alcohol, drugs
and tobacco) Come to a
12 Step for a Healthier
way of living informational meeting
for the College community**

***Tuesday , March 6th
@ 3 PM in 3-115***

**Presented by Jim McKenna and
Sponsored by the MCC Personal Health & Safety Committee**