

## Food For Thought Menu

3/7/16 through 3/24/16

|                  |  |               |
|------------------|--|---------------|
| <b>Sides</b>     | <b>a la carte</b>  | <b>\$1.99</b> |
|                  | Potato salad   |               |
|                  | French fries   |               |
|                  | Green Salad (Dressings – Ranch, Caesar, Balsamic Vinaigrette, Bleu Cheese, or Honey Mustard) |               |
| <b>Desserts</b>  |  |               |
|                  | Warm Apple Crisp   | <b>\$1.49</b> |
|                  | Warm Apple Crisp a la mode   | <b>\$1.99</b> |
|                  | Classic Nut Brownie Sundae   | <b>\$1.99</b> |
|                  | Brownie with nuts  | <b>\$1.49</b> |
|                  | Chocolate Chip Cookie Bar Sundae   | <b>\$1.99</b> |
|                  | Chocolate Chip Cookie Bar  | <b>\$1.49</b> |
| <b>Beverages</b> |  |               |
|                  | Milkshake (Vanilla, Chocolate, or Strawberry)  | <b>\$2.99</b> |
|                  | Coffee & Hot Tea   | <b>\$1.49</b> |
|                  | Soda (by the can)  | <b>\$1.49</b> |
|                  | Lemonade (complimentary for dine-in guests)  | <b>\$1.49</b> |
|                  | Iced Tea (complimentary for dine-in guests)  | <b>\$1.49</b> |



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| <b>From Scratch Soup</b>  | <b>Cup \$2.49</b> | <b>Crock \$3.49</b> |
| <b>Vegetarian Minestrone Soup</b>   | <b>or</b>         | <b>Corn Chowder</b> |
| <b>Cup of Soup and ½ Sandwich</b>   |                   | <b>\$5.49</b>       |
| <b>(Classic Grilled Cheese, Grilled Cheese Special, or Turkey BLT)</b>  |                   |                     |
| <b>House-made Chicken Fingers</b>   |                   | <b>\$5.99</b>       |
| <i>With choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Spicy Wing Sauce      Add Fries for \$1.99</i>  |                   |                     |
| <b>Freshly Ground Burger</b>  |                   | <b>\$5.99</b>       |
| <i>With bacon and cheddar cheese      Add Fries for \$1.99</i>  |                   |                     |
| <b>Lentil and Quinoa Veggie Burger (contains cashews)</b>   |                   | <b>\$5.69</b>       |
| <i>With lettuce, tomato, onion and tzatziki</i>   |                   |                     |
| <b>Gourmet Grilled Cheese Sandwich</b>  |                   | <b>\$5.49</b>       |
| <i>Provolone &amp; Swiss with roasted red peppers and spinach</i>   |                   |                     |
| <b>Pasta Carbonara</b>  |                   | <b>\$5.99</b>       |
| <i>Fusilli tossed in a rich cream sauce with bacon, peas, and Parmesan cheese</i>   |                   |                     |
| <b>Spinach Salad</b>  |                   | <b>\$5.99</b>       |
| <i>Fresh tender, baby spinach with thick-sliced bacon, a hardboiled egg, toasted pecans, mushrooms, onions, and mandarin oranges tossed in warm bacon dressing      Add a Chicken Breast for \$1.99</i> |                   |                     |
| <b>Brick-oven Pepperoni Pizza</b>   |                   | <b>\$5.49</b>       |
| <i>House-made red sauce, pepperoni, and mozzarella</i>  |                   |                     |
| <b>Brick-Oven Vegetarian Pizza</b>  |                   | <b>\$5.49</b>       |
| <i>White pizza with garlic and olive oil, sautéed vegetables and mozzarella cheese</i>  |                   |                     |
| <b>Chicken Marsala (Dine-In Only)</b>   |                   | <b>\$6.99</b>       |
| <i>Classic sautéed chicken breast with Marsala wine and mushroom sauce. Served over linguini</i>  |                   |                     |
| <b>Turkey BLT Panini</b>  |                   | <b>\$5.99</b>       |
| <i>Roasted turkey BLT w/roasted garlic aioli on grilled focaccia</i>  |                   |                     |
| <b>Breakfast Sandwich</b>   |                   | <b>\$3.49</b>       |
| <i>Egg, breakfast sausage, and cheddar cheese on a soft roll</i>  |                   |                     |

The Hospitality Program  
at Monroe Community College welcomes you to

## *Food For Thought*

Our students are available to serve you in this  
instructional laboratory Monday through Thursday from  
11:30 a.m. to 1:15 p.m. during most of the semester.

All food is prepared, cooked, and served daily by  
students in our program.

The faculty, staff, and students thank you for  
your patronage.

Please call 292-FOOD (X3663) for reservations and  
information about Food For Thought operations.

