## study serve celebrate



## join the celebration

10.06.11





Join us at the MCC Bookstore Oct. 6th, 12-1pm for live music featuring Deborah Magone, Caricature artists, samplings and more!!!

I've been singing all my born days & playing guitar (& a smidgen of piano) since I was 11yrs young. I teach all age groups since around 1980 (I first started at the great great House of Guitars in Rochester, NY). I'm a former student of the late great Richard "Dick" Longale. However I'm also in to organic gardening, art (I was an Art major in college & taught for a short while ), film & tv (started a cable access show called "GreenLine" 6 yrs or so ago & made a few short documentaries on video.google). I love science, metaphysics for decades, politics (former GREEN PARTY co-chair & subscribed to Mother Jones magazine since around 1972 :), psychology, organic nutrition & general health topics (colitis survivor for decades since 1983) kids- taught them for decades & have raised 2 beautiful ones (VP PTSA), & have taught Okinawan martial arts since 1978 (students from 4 to 70yrs old). I also believe in free speech & the science that proves that certain sounds affect very particular nerve endings in our chochlea which touch our nervous system in ways that cause us to feel certain emotions. SO, that being said, lets keep it positive, civil & if you're angry about something, which most of us have great reason to be these days, please express it in a way that will spur positive healing & action! I'm in to learning. Let's help disseminate useful stuff here as well to help us all improve our quality of life in these trying times.