Food For Thought Menu for 3/6/17 – 3/23/17

Sides	a la carte Potato salad	\$1.99	½ Sandwich and & (Classic Gril
	French fries		House-made Chicke
	Green Salad - Add a Chicken Breast for \$1.99		With choice
	(Dressings – Ranch, Caesar, Balsamic		
	Vinaigrette, Bleu Cheese, or Honey Mustard)		Freshly Ground Bur With bacon
Desse		40.00	Lentil and Quinoa V
	Carrot Cake with nuts	\$2.49	With lettuce
	Classic Brownie Sundae	\$1.99	With fettace
	Brownie	\$1.49	Gourmet Grilled Ch
	Chocolate Chip Cookie Bar Sundae	\$1.99	Provolone 8
	Chocolate Chip Cookie Bar	\$1.49	
Bever	ages		Pasta Carbonara
	Milkshake (Vanilla, Chocolate, Strawberry, or Mint)	\$2.99	Fusilli tosse
	Coffee & Hot Tea	\$1.49	Spinach Salad
	Soda (by the can)	\$1.49	Fresh tende
	Lemonade	\$1.49	pecans, mu
	Iced Tea	\$1.49	dressing
			urcssnig /
			Brick-oven Buffalo
			Bleu cheese
			Brick-oven Peppero
			House-mad
			nouse maa
			Brick-Oven Vegetar
			White pizza
			Chicken Marsala
			Classic saut
			Served over
			501100 0101
			Turkey BLT Panini
			Roasted tur
			Due alsfant Caushaidh

Food For Thought Menu

Vegetarian Minestrone Soup or Baked Potato Soup Cup \$2.49 Crock \$	3.49
½ Sandwich and & Cup of Soup or Fries (Classic Grilled Cheese, Grilled Cheese Special, or Turkey BLT)	\$5.99
House-made Chicken Fingers With choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Spicy Wing Sauce	\$5.99
Freshly Ground BurgerWith bacon and cheddar cheeseAdd Fries for \$1.99	\$5.99
Lentil and Quinoa Veggie Burger (contains cashews) With lettuce, tomato, onion and tzatziki	\$5.69
Gourmet Grilled Cheese Sandwich Provolone & Swiss with roasted red peppers and spinach	\$5.49
Pasta Carbonara Fusilli tossed in a rich cream sauce with bacon, peas, and Parmesan cheese	\$5.99
Spinach Salad Fresh tender, baby spinach with thick-sliced bacon, a hardboiled egg, toasted pecans, mushrooms, onions, and mandarin oranges tossed in warm bacon dressing Add a Chicken Breast for \$1.99	\$5.99
Brick-oven Buffalo Chicken Pizza Bleu cheese sauce, Buffalo chicken, and mozzarella	\$5.49
Brick-oven Pepperoni Pizza House-made red sauce, pepperoni, and mozzarella	\$5.49
Brick-Oven Vegetarian Pizza White pizza with garlic and olive oil, sautéed vegetables and mozzarella cheese	\$5.49
Chicken Marsala Classic sautéed chicken breast with Marsala wine and mushroom sauce. Served over linguini	\$6.99
Turkey BLT Panini Roasted turkey BLT w/roasted garlic aioli on grilled focaccia	\$5.99
Breakfast Sandwich	\$3.49

Egg, bacon, and cheddar cheese on a soft roll

The Hospitality Program at Monroe Community College welcomes you to

Food For Thought

Our students are available to serve you in this instructional laboratory Monday through Thursday from 11:30 a.m. to 1:15 p.m. during most of the semester. All food is prepared, cooked, and served daily by students in our program.

The faculty, staff, and students thank you for your patronage.

Please call 292-FOOD (X3663) for reservations and information about Food For Thought operations.

