


Attend and learn  
every day!



MCC Health Services is in partnership with professional community resources to bring "Best practice standards" in health & wellness to the MCC community.

- American Foundation for Suicide Prevention (AFSP)
- Catholic Charities (CC)
- Community Place of Greater Rochester (CPRG)
- Excellus Behavioral Health (EBH)
- Highland Family Planning (HFP)
- Jordan Health (JH)
- MCC Health Services (MCC HS)
- MCC Health Services/Wellness Council (MCC WC)
- MCC The Civility Project (MCC CP)
- MCC Psychology (MCC Psy)
- Monroe County Department of Public Health
- RESTORE (RESTORE)
- Rochester Gynecologic & Obstetric Assoc. (rgoa)
- URMC Department of Public Health Research Sciences (URMC)

For more information, visit us on the web at  
<http://www.monroecc.edu/depts/stuhealth/?dept>

*MCC Student Health Services  
in collaboration with professional  
community agencies is offering  
Healthy Topic Presentations  
Spring 2016*

**Presenters include:**

*AFSP – Sarah Clark  
CC – Tonette Ferrante, Nicki Franco, Deb Kluss  
CPGR – Carmen Wiryagale, Holmes Carvajal, Rachel Mahar  
EBH – Colleen Ruffino, Mary Crowe, Chandra Santiago, Christine Craft, Karen Hanson, Lori Walsh  
HFP – Holly Leisten  
JH – Krysta Baccari  
MCC HS – Sue George, Caritza Ortiz, Martha Lapple  
MCC PSY – James Coffey  
MCDPH – John Owens  
RESTORE – Michelle Cammarata  
RGOA – Dr. Mitchell Linder  
URMC – Sara Jenks*

**Who We Are**

**Student Health Services  
Building 3-165  
Monroe Community College  
1000 East Henrietta Road  
Rochester, New York 14623  
585-292-2018**



# Health Services

**Healthy Topics  
for Everyday  
Living**

*Healthy living is happy living*



*Location: Brick Lounge*  
*Time: 12:00 pm – 1:00 pm*

**292 - Baby (MCC Psy)**  
 Monday, February 1, 2016

**STI's + Risky Behavior (JH)**  
 Thursday, February 4, 2016

**Contraceptive Choices: Which is Right for Me? (HFP)**  
 Monday, February 8, 2016

**Healthy Habits (MCC HS)**  
 Wednesday, February 10, 2016

**STI's: Should You Get Tested? (MCHD)**  
 Thursday, February 11, 2016

**Illicit Drugs (CPGR)**  
 Monday, February 22, 2016

**LARC (URMC)**  
 Wednesday, February 24, 2016

**RESTORE - Where Healing Begins**  
 Thursday, February 25, 2016

**Healthy Habits (MCC HS)**  
 Wednesday, March 2, 2016

**292 - Baby (MCC Psy)**  
 Monday, March 7, 2016



**"Me Too" (EBH)**  
 Wednesday, March 9, 2016

**Let's Talk Sexually Transmitted Infections (HFP)**  
 Thursday, March 10, 2016

**RESTORE - Where Healing Begins**  
 Wednesday, March 16, 2016

**Stress Management (JH)**  
 Monday, March 21, 2016

**STI's - Will you Pass the Test? (MCHD)**  
 Wednesday, March 23, 2016

**LARC (URMC)**  
 Thursday, March 24, 2016

**Relationship Violence - Recognizing the Signs (HFP) (MCC CP)**  
 Wednesday, April 6, 2016

**RESTORE - Where Healing Begins \*Atrium (MCC CP)**  
 Wednesday, April 6, 2016

**It's Time to Say ENOUGH (HFP) (MCC CP)**  
 Thursday, April 7, 2016

**RESTORE - Where Healing Begins \*Atrium (MCC CP)**  
 Thursday, April 7, 2016

**292 - Baby (MCC Psy)**  
 Monday, April 11, 2016

**Suicide - Understanding, Preventing, Coping (AFSP)**  
 Thursday, April 14, 2016

**RESTORE - Where Healing Begins**  
 Wednesday, April 20, 2016

**Gambling (CPGR)**  
 Thursday, April 21, 2016

**Linking to HIV Care (CC)**  
 Monday, April 25, 2016

**Living the High Life w/o Substance Use (EBH)**  
 Wednesday, April 27, 2016

**Women's Health - Ask the Doctor Your ??'s (rgoa)**  
 Thursday, April 28, 2016

