

SUZANNE SAMPLE

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Rochester, NY 14620

585-555-1212
email@address.com

Objective

Full-time limited permit position in massage therapy

Education / Certification

Associate in Applied Science, Massage Therapy, May 2004

Monroe Community College, Rochester, NY - GPA: 3.56

New York State Licensed Practical Nurse, 1998

Honors and Accomplishments

Member and President: Massage Therapy Club, Monroe Community College, 2004

Recipient of Scholarship Essay Award: "The Power of Touch in Geriatric Care"

Training

1000 hours of training in the following forms of bodywork:

- *Trigger Point Therapy - Stone Massage - Chair Massage - Athletic Massage -*
- *Energy Work - Swedish - Shiatsu-*

Clinical Experience

Massage Therapy Clinic, Damon City Campus, (150 hours) Spring Semester 2004

Monroe Community College, Rochester, NY

- Maintained treatment records; accurately assessed client's needs and recorded progress notes and flow charts
- Assessed client's soft tissue condition, joint quality and function, muscle strength, and range of motion
- Conferred with clients about their medical histories and any problems with stress and/or pain in order to determine whether massage therapy would be helpful
- Developed and proposed client treatment plans that specified which types of massage were to be used
- Consulted with other health care professionals such as physiotherapists, chiropractors, physicians and psychologists in order to develop treatment plans for clients; referred clients to other types of therapists when necessary
- Provided clients with guidance and information about techniques for postural improvement, stretching, strengthening and relaxation

Employment Experience

Licensed Practical Nurse, 1998-2004

Unity Health System, Rochester, NY

- Provided case management and direct patient care within a team environment
- Administered prescribed medications, started intravenous fluids, noted times and amounts on charts
- Measured and recorded patients' vital signs, such as height, weight, temperature, blood pressure, pulse and respiration
- Provided basic patient care and treatments, such as taking temperatures and blood pressure, dressing wounds, treating bedsores, giving enemas, douches, alcohol rubs, and massages, or performing catheterizations
- Observed patients, charted and reported changes in patients' conditions, such as adverse reactions to medication or treatment, and took any necessary action

References Available Upon Request