

Building 3-108, Brighton Campus
www.monroecc.edu/go/careercenter
585.292.2248

Dietitians and Nutritionists plan food and nutrition programs and supervise the preparation and serving of meals. They help prevent and treat illnesses by promoting healthy eating habits and modifying diets. Many Dietitians and Nutritionists find employment in hospitals, nursing homes, offices & clinics of physicians, and state & local government agencies. They usually major in dietetics, food and nutrition, food service systems management, or a related area.

Degree: Registered Dietitians (RDs) must meet the following criteria to earn the RD credential:

- Receive a bachelor's or master's degree from a U.S. regionally accredited university or college that includes course work approved by the Commission on Accreditation for Dietetics Education (CADE) of the American Dietetic Association.
- Complete a CADE-accredited supervised internship at a health-care facility, community agency, food service corporation, or practicum combined with undergraduate or graduate studies. It must be at least 900 hours in length.
- Pass a national examination administered by the Commission on Dietetic Registration.
- Complete continuing professional educational requirements to maintain registration.

Some RDs hold additional certifications in specialized areas of practice, such as pediatric or renal nutrition, nutrition support and diabetes education. These certifications are awarded through CDR, the credentialing agency for ADA and other medical and nutrition organizations and are recognized within the profession but are not required.

Typical Prerequisite Courses for Dietitian/Nutritionist Programs: Anatomy, Physiology, Microbiology, Statistics, Algebra, Chemistry, Psychology or Sociology. Examples of MCC courses are below:

BIO 142 – Human Anatomy	CHE 100 – Preparatory Chemistry*
BIO 143 – Human Physiology	CHE 124 – General, Organic & Biochemistry*
BIO 202 – Microbiology	PSY/SOC 101 – Intro to Psychology/Sociology
MTH 160 – Statistics I	MTH 165 – College Algebra

*RIT requires both CHE 100 and CHE 124.

Additional Requirements: Depending on the student's choice of major, there may be additional course requirements in subject areas such as scientific applications of food, nutrition and health, and food service. The following MCC courses may be helpful: FSA 103 – Culinary Arts I, FSA 106 – Food Safety and Sanitation, FSA 107 – Menu Planning, FSA 108 Principles of Healthy Cooking, FSA/BIO 117 – Basic Consumer Nutrition, FSA 203 – Culinary Arts II, and FSA 205 – Purchasing, Storage and Handling.

Additional Suggested Courses: health, business, computers, psychology, government policies, social issues, sociology and economics. Transfer college course requirements vary. For example, Cornell requires calculus; Sage Colleges require accounting. Contact each institution for specific information and to verify course transferability. Please note that all courses listed above may not be required to be completed at MCC prior to transfer to a 4 year college.

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ADA Accredited Undergraduate Programs in New York State:

Brooklyn College (CUNY)	Cornell University
CW Post, Long Island Campus	D'Youville College (internship included)
Hunter College (CUNY)	Lehman College (CUNY)
New York University	Queens College (CUNY)
Rochester Institute of Technology	The Sage Colleges
SUNY Buffalo State (internship included)	SUNY College at Oneonta
Syracuse University	SUNY Plattsburgh

ADA Approved Distance Education Programs:

Eastern Michigan University
Kansas State University
University of Medicine and Dentistry of New Jersey
University of Northern Colorado

Additional Information:

<http://eatright.org/cps/rde/xchg/ada/hs.xsl/career.html>

Please note: while every effort is made to ensure that the information in this guide is accurate, students are advised to meet with a counselor in the MCC Career Center and to contact transfer institutions for specific course requirements and the most up-to-date information.

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