

Upward Bound is composed of five components:

Participants must be willing to take classes that will prepare them to take the PSAT/SAT exams, as well as admission into college.

1. Rites of Passage Component
(Entering 9th Grade)

Both an academic year and summer initiatives directed at entering 9th graders.

Some Activities include:

- Academic skills enhancement
- Study skills application workshop
- Academic mentoring
- Academic assessment
- Cultural enrichment
- College visits

2. Academic Year Component:

Ninth and Tenth Grade

- Minimum of two hours of mandatory academic tutoring and homework enrichment classes each week
- Assessment and preparation for the PSAT
- Individualized academic advisement
- Individual career/academic portfolio development

Eleventh and Twelfth Grade

- Minimum of two hours of mandatory academic tutoring and home work enrichment classes each week
- Assessment and preparation for the SAT and ACT college entrance exams
- Summer college credit in junior and/or senior year
- College application assistance
- Financial aid application assistance
- Fee waivers or payment for SAT, ACT and AP exams
- Payment for college courses taken in high school

Extra Curricular Activities

- Rochester area Cultural activities such as plays and concerts; as well as, other events that will enrich the participants' academic and social experiences.
- Local and out of state College visits

3. Summer Academic Enhancement/Skills Enrichment Component
(10th and 11th Grade)

6-week academic enrichment and skills enhancement program at the Damon City Campus. Participants will be provided with academic instruction and weekly field trips to New York State and out of State colleges and universities and other cultural and extra curricula experiences.

4. Parent Support Component

Provides parents/guardians of participants with the support needed to successfully assist their students in taking advantage of the services offered by **Upward Bound**.

Support Includes:

- Bi-monthly parent contact
- Parent Support Services
- Financial Aid
- School Contact Assistance
- Academic Advisement
- Bi-monthly assistance
- Student Progress Reports

Parents and Guardians will attend workshops that provide information regarding:

- Understanding issues affecting their child academically and socially
- Understanding and negotiating Financial Aid
- Parental issues affecting the transition to High School
- Academic advisement (college admission criteria)

Upward Bound

Is a federally funded **academic** program that provides counseling and services that are necessary for a participant to graduate from high school with an increased potential to attend and ultimately graduate from college.

All program activities are **free** to participants.

Selection Process

- Provisional acceptance is based on the completed application, recommendations from teachers and counselors, grades and personal parent and student interviews.
- Students will be accepted into the program upon successful completion of the Summer Rites of Passage Program.
- Participants must be willing to take classes that will prepare them to take the PSAT/SAT exams and for admission into college

*Our Goal is
a College Diploma!*

To Learn More

If you think the Upward Bound Program could be for you, pick up an application at the Upward Bound Program Office
Or call
(585) 262-1658

Eligibility Requirements:

Parents may not have a 4-year college degree prior to applying to the program.

⇒ Student should be eligible for free lunch, **or** the family's taxable income for the preceding year should meet Federal **Low Income** Level Guidelines

⇒ Students must have a minimum of a 2.5 GPA in academic classes

⇒ Students must be entering High School in the fall or be a current 8th or 9th grader.



Upward Bound



**Pre-College Academic
Program for
RCSD High School Students**

Sponsored by:
Department of Education

**Monroe Community
College**

**Damon City Campus
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Suite 5220
Rochester, NY 14604
(585) 262-1658**

