



School Anger Management

Personal Safety Training Program

In recent years, student attitudes, language and physical behavior have come under greater focus and increased scrutiny as high profile incidents of bullying and violence have entered into the public consciousness.

Today's schools face numerous security challenges that demand attention, and a comprehensive solution. While many schools currently have strong systems in place for dealing with these issues, SAM is prepared to make them even stronger.

Our valuable safety training program, School Anger Management (SAM), will empower the individuals in your community to effectively resolve conflicts decisively and diplomatically regardless of age, size or strength. By learning these skills, educators and students will enhance the safety level, confidence and productivity of their environment.

Safety is Our Priority

We encourage our clients to be proactive about protecting the health and safety of those who work and attend their school.

Myth—“It can’t happen here.” or “It won’t happen to me.”.

Truth— Violence does not discriminate: an incident can take place anywhere, at any time.

Individuals cannot be expected to know **how to respond** when confronted if they have not been taught the safety skills. The principles of the SAM program have been tested in multiple settings over many years. Based on experience, we can guarantee that SAM will change the way you think about your environment.



The School
Safety
You Want.
The Training
Solution
You Need.



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Bullying...Aggression... Physical and Verbal Confrontations..... Violence

SAM's unique approach to preventing school violence is based on the highly acclaimed Management of Aggressive Behavior (MOAB®) program, the successful approach used by over 5,000 agencies worldwide for over 25 years.

With similar principles — and practical strategies — SAM has been specifically designed to address the unique and mounting safety needs for today's campuses.



SAM goes beyond the strategies for preventing and diffusing a crisis. It addresses the multitude of crises and stages of conflicts.

A Proven Process

Teaching real life safety skills has never been more important. Our comprehensive curriculum stresses preparedness and prevention, **empowering individuals** with **practical safety skills** to effectively respond to aggression, bullying and violence.

The program consists of: Session I—a 2-hour direct instruction and interactive discussion and Session II—a smaller group 2-hour hands-on training. Sessions can be scheduled separately or together depending on your needs.

SAM is probably unlike any other program you've taken in the past. The material is interesting and extensive. You can immediately apply this material at school, at home, or on the street.

A Unique Approach

SAM provides unique and necessary support to members of the education community as they work to create a safe learning environment. We offer training for K-12 and higher educational professionals; administrators and staff; security personnel and program specialists; high school and college students; and anyone who might have to deal with agitated, angry or potentially violent individuals.

Our **convenient on-site training** sessions are staffed by qualified and experienced instructors who consistently earn outstanding evaluations.

Ways You'll Benefit

Learn to:

- Recognize the warning signs that someone is beginning to lose control and when an attack is imminent
- Manage anxiety and fear to respond more calmly and confidently in stressful situations
- Prepare mentally to allow for appropriate and automatic responses
- Gain an understanding of the rules of personal space and how to react appropriately no matter what situation you face
- Use empathic listening skills to help reduce and prevent escalating an individual's anxiety and aggression
- Manage the stages of conflict as well as verbal and physical aggression

