

*Example*

## **FIELDWORK LOG**

**Date** May 30, 2006

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**HUM** 106C61

### **EVENT**

Today at the day care center where I do my fieldwork, I observed two 4-year-olds, Billy and Jimmy, shoving one another. I called to them to stop and Billy, who is bigger than Jimmy, gave Jimmy a shove and then walked away. Jimmy ran over to me crying, face red and contorted, fists clenched. "I hate Billy," he shouted.

### **ASSESSMENT**

On a "first things first" basis, I thought that Jimmy needed comforting and to talk it out. Also, I thought it might be a good time to give him some assertiveness training. In addition, it seemed clear that Billy needed to understand that his behavior was not acceptable and why it was not.

## **INTERVENTION**

I gave Jimmy a big hug and said to him, “You’re feeling really bad.” He nodded and told me how much he hated Billy. I nodded and then asked him if he’d like to tell me what happened. He told me that they had been arguing over whose turn it was to use the big blocks. He said that Billy was mad at him and so he pushed him first. I then told Jimmy that I thought it would help if he could tell Billy how he felt about being shoved, and I asked Jimmy how did he feel when Billy shoved him. “I was scared because he’s bigger,” Jimmy told me. I said, “I think that’s just what you should tell Billy. Do you feel OK about telling him?” Jimmy nodded and asked if I’d come with him, and I said OK. We went over to Billy and asked him if we could all talk together about what happened. He said, “Yes,” so we sat and talked. I had Jimmy tell Billy how he felt when he was pushed and why he felt that way, and then Billy told Jimmy he was sorry and that he could play with the blocks.

## **PERFORMANCE EVALUATION**

Overall, I believe that I handled it fairly well. I listened attentively while Jimmy talked, and I nodded and said “Mm, hm” to encourage him. Then I suggested a solution and helped him to use the technique. Judging by the actions of both boys afterwards, it seems as if it was a helpful intervention. Just one thing bothers me. I waited for Jimmy to come to me, and I wonder whether it would have been more effective if I had gone right over to the boys as soon as I saw the shoving.