

WHO AM I AS A PROFESSIONAL

(taken from "Along the Way: A Counselor Self-Assessment, pg. 111-112)

1. What are my reasons for becoming a counselor?
2. Do I feel that my emotional issues will be addressed and resolved by becoming a counselor?
3. What is my need to be a counselor?
4. What makes me think that I will be an effective counselor?
5. What are my countertransference issues?
6. What do I expect from clients?
7. What do I expect from my profession?
8. What do I anticipate getting from my colleagues?
9. What are my professional strengths and weaknesses?
10. What are my professional goals and objectives?
11. What would my fellow students say about me?
12. With what type of clients do I wish to work and why?
13. How would I handle stress/burnout?
14. How do I handle praise and criticism of my work?