# Health and Wellness Jobs Are Skyrocketing

- Health-related jobs comprise the #1 industry in the U.S.
- Employment rates are expected to grow faster than average through 2022.
- Rapid growth in the field is a result of increasing emphasis on disease prevention.
- A growing and aging population continues to boost demand.



"My Health Studies experience at MCC has been more than what I expected. My courses have had a lasting effect." Anthony Smith, Health Studies major

# **Begin Your Health Studies Future at MCC Today**

For more information or to enroll, contact:

Health Studies Program Coordinator 585-292-2383 healthstudies@monroecc.edu

MCC Admissions Office 585-292-2200 admissions@monroecc.edu





Brighton Campus 1000 East Henrietta Road Rochester, NY 14623 585-292-2000

Damon City Campus 228 East Main Street Rochester, NY 14604 585-262-1600

Applied Technologies Center 2485 West Henrietta Road Rochester, NY 14623 585-292-3700

Public Safety Training Center 1190 Scottsville Road Rochester, NY 14624 585-753-3800

> Visit us on the Web: www.monroecc.edu

Health Studies Website: http://www.monroecc.edu/go/ healthstudies

### Rev. 2/2014

Monroe Community College is a unit of the State University of New York. It is the policy of the University and of this College not to discriminate on the basis of sex, race, color, religion, national origin, disability, age, marital status, or sexual orientation in admissions, employment and treatment of students and employees in any educational program or activity.

# A.S. Degree Program in HEALTH





to begin your future in health and wellness



Monroe Community College

Inspiring every day.

# Interested in Health and Wellness?



Do you like people? Are you interested in helping people improve their lives?

Do you like to learn about the latest trends in health and wellness?

Do you want a degree that will give you the foundation and flexibility to choose a variety of careers in the health field?

Whether you picture yourself working in the community, a school, a corporate facility, or a health-related organization, a Health Studies degree from MCC can help launch the following exciting careers:

- Substance abuse/Addictions counselor
- Community health educator
- Health communication/Public relations
- Health teacher (K-12)
- Environmental health specialist
- Health administrator
- Medical technician
- Medical writer
- Nutritionist/Dietitian
- Patient counselor
- Public health worker
- Recreation and leisure provider
- Wellness promotion specialist
- BSN Nursing

# **Start Here, Transfer Anywhere**

The Health Studies program at MCC awards the A.S. degree and is specifically designed to allow you to transfer to a health-related four-year degree program

# Where Can You Transfer Your Health Studies Degree?

MCC credits transfer nationwide. We also have special 2+2 Dual Admission programs and articulation agreements with several local colleges and universities. Our Health Studies Advisors and the Career Center will help you develop a plan that puts you on the right pathway toward your personal career goal. Below are just a few available transfer options.

| IF YOU ARE                                | TRANSFER YOUR     |
|---|-------------------|
| INTERESTED IN:                            | DEGREE TO:        |
| Alcohol and<br>Substance Abuse<br>Studies | SUNY Brockport    |
| School or                                 | SUNY Brockport or |
| Community Health                          | Cortland          |
| Health Care                               | SUNY Brockport or |
| Administration                            | Cortland          |
| Alternative Health or<br>Health & Fitness | Daemen College    |

"SUNY Brockport welcomes MCC transfer students in Health Science. We find them to be well-prepared in health content and ready to move forward in a variety of health tracks."

Dr. Eileen Daniel, Professor and Associate Dean, School of Professions, SUNY Brockport

"MCC Health Studies classes provide relevant, real-life information. Professors are open, honest and genuinely care about students and community health. They've provided me with a wonderful opportunity to make positive choices."

Emily Kroening, Health Studies major

# What Courses Will I Take?

Students are admitted in the Fall and Spring semesters. High school prerequisites: Intermediate Algebra with Trigonometry (Math B exam) or Math 104 at MCC, Biology and Chemistry.

### HEALTH STUDIES PROGRAM

Humanities: 9 credits ENG 101 or ENG 200 SPC or any language ENG/Literature Elective\*

### Social Sciences: 12 credits PSY 101 PSY 201/202/212 Social Science Electives\* (2)

# Mathematics & Natural Sciences: 18 credits

MTH 160 or higher BIO 117 or BIO 217 BIO 134 or BIO 142 BIO 135 or BIO 143 BIO 202

## Required Health Studies Courses: 15 credits

HED 118 HED 130 HED 207 HED 208 or HED 210 HED 209

Electives: 9 credits
HED/PE Elective: 2 credits

### **63 TOTAL CREDITS**

### Prerequisites:

- + BIO 120 or BIO 132 AND 133 required if student has not received a C or better in high school Regents level Biology
- ++High school Chemistry OR CHE 100 required before taking BIO 143
- Students planning to transfer to a SUNY school must fulfill 7 of 10 of the SUNY General Education requirements