TRANSITIONAL STUDIES DEPARTMENT
COLLEGE SUCCESS COURSES

Course Descriptions

COS 101 – 1 Credit College Orientation Basics	COS 133 – 3 Credits Introduction to College Studies
COS 101 provides essential and realistic information about the College in a concise one-credit course. Topics include course syllabus, MCC computer technology, college grades, goal setting, time management, college policy, campus resources and activities. A student who has earned a passing grade for COS 101 cannot later earn credit for COS 133.	This course is designed to help students develop strategies and skills necessary for a successful college career. Topics include adjusting to college, setting academic goals, managing time and keeping organized, learning and studying in college, preparing for and taking tests, understanding college policies and regulations, and accessing and using MCC computer technology. Students will learn about MCC's resources, activities and rich cultural diversity. Throughout the course, students will use critical thinking skills to make informed choices, to understand their responsibilities for academic success, and to become independent, motivated learners. A student who has earned a passing grade for COS 133 cannot later earn credit for COS 101.

Student Outcomes

By the end of the course, students will be able to

1	Implement personal time management strategies based on short and long term	Implement personal time management strategies based on short and long term goals.
2	Describe behaviors that support personal responsibility for learning.	Describe behaviors that support personal responsibility for learning.
3	Identify and/or utilize college resources, activities, and events.	Describe the behaviors and characteristics of an effective learner.
4	Demonstrate use of MCC technology: student email, MCC Website, and Banner.	Describe techniques that promote student success and problem-solving of academic issues.
5	Identify institutional, department, and course policies at MCC.	Describe institutional, department, and course requirements to earn a college
6		Identify institutional, department, and course policies at MCC.
7		Identify and/or utilize college resources, activities, and events.
8		Discuss respect, civility and academic integrity at MCC.
9		Demonstrate use of MCC technology: student email, MCC Website, and Banner.
10		Discuss the importance of MCC in the larger community