



FOOD FOR THOUGHT

Weeks of 10/12/2020 – 10/15/2020 **MENU**

SOUPS & SIDES

- Soup:** Creamy Tomato-Basil Soup (vegetarian)
 Small \$2.49
 Large \$3.49
- French Fries** \$1.99

SALADS

- Side Garden Salad** \$2.25
 (Can be made without gluten and vegan)
 Crisp romaine lettuce with cucumber, tomato, red onion, carrots and croutons.

- Chef's Salad** \$5.99
 Crisp romaine lettuce with cucumber, tomato, red onion, sliced turkey, ham, cheddar and provolone cheeses.

- Middle Eastern Grain Bowl** \$4.49
 (vegan and made without gluten)
 Quinoa tossed in a lemon-cilantro dressing, topped with dried fruits, red peppers, toasted pine nuts and chives.

Add grilled chicken for \$1.99

Dressing options: Ranch, Caesar, House Vinaigrette, Bleu Cheese, or Honey Mustard.

BRICK-OVEN PIZZA

- Cheese** \$4.99
 House-made red sauce, with mozzarella cheese.
- Buffalo Chicken** \$5.49
 House-made Buffalo-bleu cheese sauce, Buffalo chicken, and mozzarella cheese.
- Chipotle Chicken** \$5.99
 Crispy chicken, chipotle aioli, bacon, roasted red pepper and mozzarella cheese.

Optional add-on toppings \$\$.50 each
 Pepperoni, bacon, vine-ripe tomatoes, crispy chicken, grilled chicken

SANDWICHES

- Breakfast Sandwich** \$3.49
 Egg, bacon, and cheddar cheese on a soft roll or focaccia bread
- Classic Grilled Cheese Sandwich** \$5.49
 Cheddar and provolone cheeses, on focaccia bread, served with house fried potato chips, and a pickle.

- Southwest Turkey Panini** \$5.99
 Roasted turkey, pepper jack cheese, roasted red pepper and chipotle aioli on toasted focaccia, served with house fried potato chips, and a pickle.

- ½ Sandwich & Cup of Soup or Fries** \$5.99
 (Grilled Cheese or Panini)

- Buffalo Chicken Wrap** \$5.99
 Crispy buffalo chicken, tomatoes, red onion, and romaine lettuce in a whole wheat wrap, with buffalo blue cheese sauce, served with house fried potato chips, and a pickle

ENTREES

- House-made Chicken Fingers** \$6.49
 Served with French Fries, pickle and choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Buffalo Sauce.

- Weekly Highlight:**
Chicken Marsala \$6.99
 Sautéed chicken breast with a marsala wine and mushroom sauce, served over linguini.

DESSERTS

- Brownie or Cookie Sundae** \$2.49
 Warm brownie or chocolate chip cookie with vanilla ice cream and whipped cream.

- Fudgy Brownie or Chocolate Chip Cookie** \$1.49

- Pumpkin Roll** \$1.99

BEVERAGES

- Milkshake** \$2.99
 (Vanilla, Chocolate, Strawberry or **Pumpkin**)

- Assorted Beverages** \$1.49
 Soda (by the can), coffee, hot tea, iced tea, lemonade




*The Hospitality Program at Monroe Community College
welcomes you to **Food For Thought**.*

*Our students are available to serve you in this instructional laboratory
Monday through Thursday from 11:30 a.m. to 1:00 p.m. for dine-in service, by reservation
only, during the Fall 2020 semester*

The restaurant is open for take-out and grab & go service 11:30 a.m. to 1:15 p.m.

*The faculty, staff, and students thank you
for your patronage.*

*Please call **292-FOOD (x3663)** for reservations and information about Food For Thought*

Check-out our Facebook  page at @FoodForThoughtMCC

Order online! <https://order.tbdine.com/food-for/pickup>



Hospitality Management
MONROE COMMUNITY COLLEGE