



FOOD FOR THOUGHT

Weeks of 3/8/2021 – 3/11/2021 **MENU**

SOUPS & SIDES

Soup: Creamy Tomato-Basil Soup (vegetarian)	
Small	\$2.49
Large	\$3.49
French Fries	\$1.99
House-fried Potato Chips	\$1.50

SALADS

Side Garden Salad	\$2.25
<i>(Can be made without gluten and vegan)</i>	
<i>Crisp romaine lettuce with cucumber, tomato, red onion, carrots and croutons.</i>	

Chef's Salad	\$5.99
<i>Crisp romaine lettuce with cucumber, tomato, red onion, sliced turkey, ham, cheddar and provolone cheeses.</i>	

Middle Eastern Grain Bowl	\$4.49
<i>(vegan and made without gluten)</i>	
<i>Quinoa tossed in a lemon-cilantro dressing, topped with dried fruits, red peppers, toasted pine nuts and chives.</i>	

Add grilled chicken for \$1.99

Dressing options: Ranch, Caesar, House Vinaigrette, Bleu Cheese, or Honey Mustard.

BRICK-OVEN PIZZA

Cheese	\$4.99
<i>House-made red sauce, with mozzarella cheese.</i>	

Buffalo Chicken	\$5.49
<i>House-made Buffalo-bleu cheese sauce, Buffalo chicken, and mozzarella cheese.</i>	

Chipotle Chicken	\$5.99
<i>Crispy chicken, chipotle aioli, bacon, roasted red pepper and mozzarella cheese.</i>	

Optional add-on toppings \$\$.50 each
Pepperoni, bacon, vine-ripe tomatoes, crispy chicken, grilled chicken

SANDWICHES

Breakfast Sandwich	\$3.49
<i>Egg, bacon, and cheddar cheese on a soft roll or focaccia bread</i>	

Classic Grilled Cheese Sandwich	\$5.49
<i>Cheddar and provolone cheeses, on focaccia bread, served with house fried potato chips, and a pickle.</i>	

Freshly Ground Burger	\$5.99
<i>with your choice of cheese (cheddar, provolone, pepper jack), lettuce, tomato and onion on a soft roll, served with house fried potato chips, and a pickle.</i>	
<i>*Add bacon for \$.50</i>	

Southwest Turkey Panini	\$5.99
<i>Roasted turkey, pepper jack cheese, roasted red pepper and chipotle aioli on toasted focaccia, served with house fried potato chips, and a pickle.</i>	

½ Sandwich & Cup of Soup or Fries	\$5.99
<i>(Grilled Cheese or Panini)</i>	

Buffalo Chicken Wrap	\$5.99
<i>Crispy buffalo chicken, tomatoes, red onion, and romaine lettuce in a whole wheat wrap, with buffalo blue cheese sauce, served with house fried potato chips, and a pickle.</i>	

ENTREES

House-made Chicken Fingers	\$6.49
<i>Served with French Fries, pickle and choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Buffalo Sauce.</i>	

Weekly Highlight:

Chicken Provencal	\$6.99
<i>Sautéed chicken breast with white wine, tomato, olives, anchovy paste, and fresh basil served over linguini.</i>	

DESSERTS

Brownie or Cookie Sundae	\$2.49
<i>Warm brownie or chocolate chip cookie with vanilla ice cream and whipped cream.</i>	

Fudgy Brownie or Chocolate Chip Cookie	\$1.49
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Chocolate Mousse	\$1.99
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BEVERAGES

Milkshake	\$2.99
<i>(Vanilla, Chocolate, Strawberry or Mint)</i>	

Assorted Beverages	\$1.49
<i>Soda(by the can), coffee, hot tea, iced tea, lemonade</i>	




*The Hospitality Program at Monroe Community College
welcomes you to **Food For Thought**.
Our students are available to serve you in this instructional laboratory
Monday through Thursday from 11:30 a.m. to 1:00 p.m. for dine-in service*

The restaurant is open for take-out and grab & go service 11:30 a.m. to 1:15 p.m.

*The faculty, staff, and students thank you
for your patronage.*

*Please call **292-FOOD (x3663)** for reservations and information about Food For Thought*

Check-out our Facebook  page at @FoodForThoughtMCC

Order online! <https://order.tbline.com/food-for/pickup>



Hospitality Management
MONROE COMMUNITY COLLEGE