



Watch for Mindful Menu Solutions...

Look for the
Well Balanced
symbol to find your way
to better nutrition.

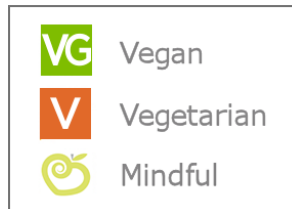
*Celebrate American Heritage
Month!!*

Hours

Monday - Thursday: 7:30m- 6:00pm
Friday 7:30m-3:00pm

Managers

Tom Van Pelt
292-2513



MARKETPLACE

Week of Monday October 16

PIZZA: MARGHERITA

CALZONE: CHICKEN, BROCCOLI & MUSHROOM Monday

Soup:	Split Pea Soup with Ham	\$2.39
	Roast Butternut Squash Soup (Mindful)	\$2.39
	Vegetarian Chili	\$2.39
Breakfast:	Blueberry Pancakes	\$2.99
Grill @:	Asian Grilled Skirt Steak Sandwich	\$5.89
Brighton Deli:	Spicy Fajita Pizzetta (Mindful)	\$4.29
Brighton Entree:	Chicken Marsala , Garlic mashed ,green beans	\$6.29
Magellan's:	Bangkok Beef w\ Basmati Rice	\$6.29

Tuesday

Soup:	Tuscan Seven Vegetable Soup	\$2.39
	Homestyle Chicken and Rice Soup	\$2.39
	Vegetarian Chili	\$2.39
Breakfast:	Blueberry Pancakes	\$2.99
Grill @:	Asian Grilled Skirt Steak Sandwich	\$5.89
Brighton Deli:	Spicy Fajita Pizzetta (Mindful)	\$4.29
Brighton Entree:	Cheeseburger Bar with Fries	\$5.89
Magellan's:	Chicken Broccoli Alfredo Pasta Bowl	\$6.29

Wednesday

Soup:	Creamy Broccoli Cheddar Soup	\$2.19
	Italian Wedding Soup (Mindful)	\$2.39
	Vegetarian Chili	\$2.39
Breakfast:	Blueberry Pancakes	\$2.99
Grill @:	Asian Grilled Skirt Steak Sandwich	\$5.89
Brighton Deli:	Spicy Fajita Pizzetta (Mindful)	\$4.29
Brighton Entree:	Basil Lemon Chicken Breast & Couscous	\$6.29
Magellan's:	Pork Rib Patties w\ BBQ Sauce, scalloped potatoes	\$6.29

Thursday

Soup:	Hearty Beef Vegetable Soup	\$2.39
	Cream of Spinach Soup	\$2.39
	Vegetarian Chili	\$2.39
Breakfast:	Blueberry Pancakes	\$2.99
Grill @:	Asian Grilled Skirt Steak Sandwich	\$5.89
Brighton Deli:	Spicy Fajita Pizzetta (Mindful)	\$4.29
Brighton Entree:	Spicy Buffalo Chicken Wings	\$4.59 \$7.29
Magellan's:	Spicy Buffalo Chicken Wings	\$4.59 \$7.29

Friday

Soup:	Classic New England Clam Chowder	\$2.39
	Vegetarian Chili	\$2.39
Breakfast:	Blueberry Pancakes	\$2.99
Brighton Entree:	Catfish, Sofrito Black Beans & Rice	\$6.99
Magellan's:	Catfish, Sofrito Black Beans & Rice	\$6.99