

Food For Thought Menu

for 2/6/2019 – 3/1/2019

Beverages

Milkshake (Vanilla, Chocolate, or Strawberry)	\$2.99
Coffee & Hot Tea	\$1.49
Soda (by the can), Lemonade, Iced Tea	\$1.49

Soups & Sides

Soup: Small \$2.49, Large \$3.49

Chicken Noodle
Tomato Basil

French Fries	\$1.99
Pasta Salad	\$1.99

Salads

Side Garden Salad (vegan, GF) **\$2.25**

Classic Caesar Salad **\$4.49**

Crisp romaine lettuce, croutons, parmesan cheese, red onions and tomatoes with Caesar dressing
Add a Chicken Breast for \$1.99

Brick-oven Pizza

Buffalo Chicken **\$5.49**
House-made Buffalo-bleu cheese sauce, Buffalo chicken, and mozzarella

Pepperoni **\$5.49**
House-made red sauce, pepperoni, and mozzarella



Dressing options: Ranch, Caesar, Balsamic Vinaigrette, Bleu Cheese, or Honey Mustard

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Sandwiches

Breakfast Sandwich **\$3.49**
Egg, bacon, and cheddar cheese on a soft roll

Classic Grilled Cheese Sandwich **\$5.49**
With Swiss, Provolone and Cheddar melted panini bread, served with the side of the day and a pickle.

Turkey BLT Panini **\$5.99**
Roasted turkey, BLT, and garlic aioli on grilled focaccia, served with the side of the day and a pickle.

½ Sandwich and & Cup of Soup or Fries **\$5.99**
(Grilled Cheese or Turkey BLT)

Black Bean Burger (can be made gluten free and vegan) **\$5.99**
With lettuce, tomato, onion, salsa, and sour cream on a soft roll, served with the side of the day and a pickle.

Freshly Ground Burger **\$5.99**
*with your choice of cheese (cheddar, Swiss, provolone), lettuce, tomato and onion on a soft roll, served with the side of the day and a pickle. *Add bacon for \$.50.*

Classic Chicken Caesar Wrap **\$5.99**
Crisp romaine lettuce, grilled chicken, parmesan cheese, red onions, tomatoes and Caesar dressing in a whole wheat wrap, served with the side of the day and a pickle.

Buffalo Chicken Wrap **\$5.99**
Crispy buffalo chicken, romaine lettuce and bleu cheese sauce in a whole wheat wrap, served with the side of the day and a pickle.

Entrees

House-made Chicken Fingers **\$5.99**
With choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Buffalo Sauce

Macaroni and Cheese **Side \$1.99 Entrée \$5.99**
Creamy baked macaroni with NYS cheddar cheese
Add a Buffalo Chicken for \$1.99

Chicken Provençal **\$6.99**
Sautéed chicken breast with white wine, tomato, olives, anchovy paste, and fresh basil, served over linguini.