



Menu for 11/18/2024 – 12/05/2024

An accessible version of this menu is available on the [MCC Food For Thought webpage](#)

Soups & Sides

- Soup:** Creamy Baked Potato with Bacon
Small \$3.00 Large \$4.00
- French Fries** \$2.45
- House Fried Potato Chips** \$2.25

Salads

- Greek Salad** \$7.10
Mixed greens tossed in a Greek vinaigrette, topped with tomatoes, cucumbers, red onions, red peppers, kalamata olives, pepperoncini, and feta cheese.
- Greek Grain Bowl** \$5.95
Quinoa tossed in a Greek vinaigrette, topped with cucumber, tomatoes, red onion, kalamata olives and feta cheese, served with a side of tzatziki.

Add ons: grilled chicken \$1.99, plant-based crispy chicken \$2.75, bacon \$1.00

Pizzas

- Cheese** (Vegetarian) \$5.15
House made marinara, mozzarella cheese.
- Pepperoni** \$6.15
House made marinara, pepperoni, mozzarella cheese.
- Buffalo Chicken** \$7.25
buffalo blue cheese sauce, crispy buffalo chicken, mozzarella cheese.
- Greek Pizza** \$7.25
garlic oil, olives, roasted red peppers, tomatoes, spinach mozzarella and feta cheese.

Entrees

- Chicken Fingers** \$7.25
Served with house fried potato chips, pickle and choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Buffalo Sauce.
- Spicy Rice Noodle Bowl** \$6.70
Sautéed cabbage, red pepper, and carrots served over rice noodles with a spicy Asian sauce and fresh cilantro.
Add sauteed chicken for \$1.99

Sandwiches

- All sandwiches include house-fried potato chips and a pickle.*
- Breakfast Sandwich** \$5.25
Egg, bacon, and cheddar cheese on a soft roll.
- Classic Grilled Cheese Sandwich** (vegetarian) \$6.00
Cheddar, provolone and pepper jack cheeses on focaccia.
- Turkey BLT Panini** \$7.25
Sliced turkey, bacon, tomato and garlic aioli on focaccia.
- The Boss Chicken Sandwich** \$7.25
Crispy or grilled chicken tossed in Boss Sauce, topped with bacon, lettuce and tomato on a soft roll.
- Slider Burgers** \$7.25
Two mini burgers with your choice of cheese (cheddar, provolone, pepper jack), lettuce, tomato and sautéed onions on a soft roll.
- Buffalo Chicken Wrap** \$7.25
Crispy buffalo chicken, romaine lettuce, tomato, red onion and buffalo bleu cheese sauce in a wheat wrap.

Beverages

- Milkshake** \$4.65
(Vanilla, Chocolate, Strawberry, Peppermint)
- Assorted Beverages** \$2.00
Bottled beverages, coffee, hot tea, iced tea, lemonade.
- Fruit Smoothies** \$5.95
Harvest Greens, Superfruit, Tropical, Mellow Mango

Desserts

- Brownie Sundae** \$3.80
Warm brownie with vanilla ice cream and whipped cream.
- Fudgy Brownie** \$2.35
- Cheesecake with Caramel Sauce** \$3.25

Please inform us of any food allergies



Dining Options

The Hospitality Program at Monroe Community College welcomes you to **Food For Thought**.

Hours

Our students are available to serve you in this instructional laboratory Monday through Thursday from 11:30 a.m. to 1:00 p.m. for dine-in and take-out service.

Reservations

Please call **(585) 292-FOOD (x3663)** for reservations and information about Food For Thought.

The faculty, staff, and students thank you for your patronage.

Social Media

Check-out our Facebook page at [@FoodForThoughtMCC](https://www.facebook.com/FoodForThoughtMCC)



Hospitality Management
MONROE COMMUNITY COLLEGE

Food For Thought is located in Building 3, Room 146

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness