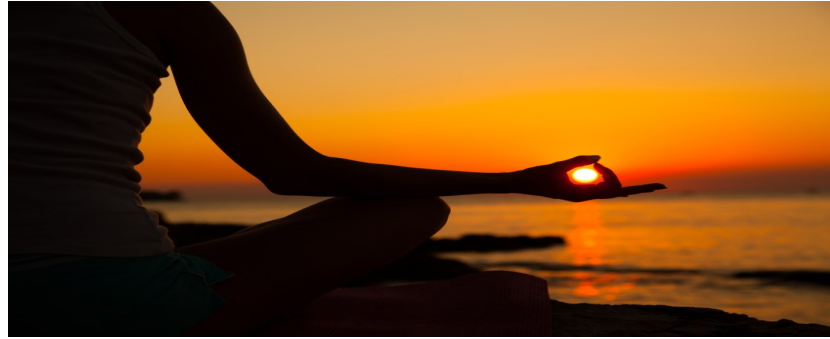


The African American Affinity Group (3AG) and
MCC's Wellness Council Present:

Kemetic Yoga:

A Restorative Practice for Life, Prosperity, and Health



All faculty and staff, please join us !!!

Kemetic Yoga™ is the ancient Egyptian system of Yoga enlightenment based upon the practices of physical movements combined with controlled deep breathing, meditation, and aromatherapy.

Instructor: Lomax R. Campbell, Certified Kemetic Yoga Teacher

Date: Nov. 15th 2017

Time: 12-1pm

**Location: Rm250
2nd Floor,
Dance Studio,
Downtown Campus**

