



Menu for 4/22/2024 – 5/09/2024

An accessible version of this menu is available on the [MCC Food For Thought webpage](#)

Soups & Sides

Soup: Chicken Noodle
Small \$2.99 Large \$3.99

French Fries \$2.29

House Fried Potato Chips \$1.99

Salads

Greek Salad \$6.89
Mixed greens tossed in a Greek vinaigrette, topped with tomatoes, cucumbers, red onions, red peppers, kalamata olives, pepperoncini, and feta cheese.

Greek Grain Bowl \$5.59
Quinoa tossed in a Greek vinaigrette, topped with cucumber, tomatoes, red onion, kalamata olives and feta cheese, served with a side of tzatziki.

Add grilled chicken for \$1.99
Add plant-based crispy chicken for \$2.75

Dressing options: Ranch, Caesar, House Vinaigrette, Bleu Cheese, or Honey Mustard.

Beverages

Milkshake \$4.49
(Vanilla, Chocolate, Strawberry, Salted Caramel)

Assorted Beverages \$1.99
Assorted bottled beverages, coffee, hot tea, iced tea, lemonade.

Fruit Smoothies \$5.79
Harvest Greens (detox), Superfruit All-Stars (Power)
Tropical Harmony (Aloe), Mellow Mango (Immunity)

Desserts

Brownie Sundae \$3.69
Warm brownie with vanilla ice cream and whipped cream.

Fudgy Brownie \$2.29

Mini Lemon Bundt Cake with Blueberries \$2.99

Sandwiches

Breakfast Sandwich \$3.99
Egg, bacon, and cheddar cheese on a soft roll.

Classic Grilled Cheese Sandwich (vegetarian) \$5.99
Cheddar, provolone and pepper jack cheeses on focaccia bread, served with house fried potato chips and a pickle.

Turkey & Garlic Aioli Panini \$6.99
Sliced turkey, provolone cheese, bacon, tomato, and garlic aioli on focaccia bread, served with house fried potato chips, and a pickle.

Sausage Burger \$6.99
Italian sausage patty topped with provolone cheese, and sautéed peppers & onions on a soft roll, served with tomato sauce and house fried potato chips, and a pickle.

Slider Burgers \$6.99
Two mini burgers with choice of cheese (cheddar, provolone, pepper jack), lettuce, tomato and sautéed onions on a soft roll, served with house fried potato chips, and a pickle. *Add bacon for \$.50

The Boss Chicken Sandwich \$6.99
Crispy or grilled chicken tossed in Boss Sauce, topped with bacon, lettuce and tomato on a soft roll, served with house fried potato chips, and a pickle.
(Substitute plant based crispy chicken for \$.75)

Buffalo Chicken Wrap \$6.99
Crispy buffalo chicken, romaine lettuce and buffalo bleu cheese sauce in a whole wheat wrap, served with house fried potato chips and a pickle.

Entrees

Chicken Fingers \$6.99
Served with house fried potato chips, pickle and choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Buffalo Sauce.

Spicy Chicken Rice Noodle Bowl \$6.99
Sautéed chicken breast, cabbage, red pepper, and carrots served over rice noodles with a spicy Asian sauce and fresh cilantro.

Pizzas

Cheese (Vegetarian) \$4.99

Please inform us of any food allergies

Pepperoni

\$5.99

Buffalo Chicken

\$6.99



Dining Options

The Hospitality Program at Monroe Community College welcomes you to **Food For Thought**.

Hours

Our students are available to serve you in this instructional laboratory Monday through Thursday from 11:30 a.m. to 1:00 p.m. for dine-in and take-out service.

Reservations

Please call **(585) 292-FOOD (x3663)** for reservations and information about Food For Thought.

The faculty, staff, and students thank you for your patronage.

Social Media

Check-out our Facebook page at [@FoodForThoughtMCC](#)



Hospitality Management
MONROE COMMUNITY COLLEGE

Food For Thought is located in Building 3, Room 146

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness