## Bandwidth Recovery Friday Lunch in the Brighton Room Reading Group

Please join Meghan Glaser and Gena Merliss for a casual conversation about our impressions, finding, and implications for our work. Bring your questions and nuggets of truth for discussion.

Our schedule:

Introduction and Part 1: The Cost of Racism, Poverty, and Social Marginalization

1. Physical Health pages 1-19

October 11

2. Mental Health pages 19-22

October 25

3. Human Capacity pages 23-25

November 8

4. Loss of Cognitive Resources and Bandwidth pages 26-30

November 22

Part 2: Sociopsychological Underminers

5. Microaggressions and "Modern Racism" pages 31-38

December 13