



February 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|----------------------------|----------------------------|-------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|
|   <p>Congenital Heart Defect Awareness Week.  7th - 14th February!</p> | | | | | 1 Line Dancing DC Dance Studio Room 250 Go RED Brighton | 2 |
| 3 | 4 World Cancer Day | 5 | 6 | 7 Give Kids a Smile Day | 8 Line Dancing DC Dance Studio Room 250 | 9 |
| 10 | 11 | 12 | 13 | 14  National Donor Day | 15 Line Dancing DC Dance Studio Room 250 | 16 Family Ice Skating Event Noon - 1:30 RIT Ice Rink |
| 17 Winter Recess | 18 Winter Recess | 19 Winter Recess | 20 Winter Recess | 21 Winter Recess | 22 Winter Recess | 23 Winter Recess |
| 24 Winter Recess | 25 Classes Resume | 26 | 27 | 28 | Join the Wellness Council's Facebook Page: www.facebook.com/groups/MCCWellnessCouncil MCCWellness@monroecc.edu | |