Are you a single Mom?

Attend a workshop series to learn strategies to help manage life on and off campus.

1.) Study Skills and Time Management

- Date: Monday, February 10, 2020
- Time: 1:00p.m. 1:50p.m.
- Location: Room 702, MCC Downtown Campus

2.) Selfcare

- Date: Wednesday, March 18, 2020
- Time: 1:00p.m. 1:50p.m.
- Location: Room 250, Dance Studio, MCC Downtown Campus

3.) Self-Empowerment

- Date: Wednesday, April 22, 2020
- Time: 12:00p.m. 12:50p.m.
- Location: Room High Falls A, MCC Downtown Campus

For more information or to reserve your spot, contact **Julissa Gonzalez**

(585) 685-6163 or jgonzalez36@monroecc.edu

One-on-one appointments available.

