



Menu for 11/20/2023 – 12/07/2023

An accessible version of this menu is available on the [MCC Food For Thought webpage](#)

Soups & Sides

Soup: Creamy Baked Potato with Bacon

Small \$2.99 Large \$3.99

French Fries \$2.29

House Fried Potato Chips \$1.99

Salads

Greek Salad \$6.89

Mixed greens tossed in a Greek vinaigrette, topped with tomatoes, cucumbers, red onions, red peppers, kalamata olives, pepperoncini, and feta cheese.

Greek Grain Bowl \$5.59

Quinoa tossed in a Greek vinaigrette, topped with cucumber, tomatoes, red onion, kalamata olives and feta cheese, served with a side of tzatziki.

Add grilled chicken for \$1.99

Add plant-based crispy chicken for \$2.75

Dressing options: Ranch, Caesar, House Vinaigrette, Bleu Cheese, or Honey Mustard.

Beverages

Milkshake \$4.49

(Vanilla, Chocolate, Strawberry, Peppermint)

Assorted Beverages \$1.99

Assorted bottled beverages, coffee, hot tea, iced tea, lemonade.

Fruit Smoothies \$5.79

Harvest Greens (detox), Superfruit All-Stars (Power)

Tropical Harmony (Aloe), Mellow Mango (Immunity)

Desserts

Brownie Sundae \$3.69

Warm brownie with vanilla ice cream and whipped cream.

Fudgy Brownie \$2.29

Cheesecake with Caramel Sauce \$2.99

Sandwiches

Breakfast Sandwich \$3.99

Egg, bacon, and cheddar cheese on a soft roll.

Classic Grilled Cheese Sandwich (vegetarian) \$5.99

Cheddar, provolone and pepper jack cheeses on focaccia bread, served with house fried potato chips and a pickle.

Turkey, BLT Panini \$6.99

Sliced turkey, bacon, tomato and garlic aioli on focaccia bread, served house fried potato chips, and a pickle.

Sausage Burger \$6.99

Italian sausage patty topped with provolone cheese, and sautéed peppers & onions on a soft roll, served with tomato sauce and house fried potato chips, and a pickle.

Slider Burgers \$6.99

Two mini burgers with your choice of cheese (cheddar, provolone, pepper jack), lettuce, tomato and sautéed onions on a soft roll, served with house fried potato chips, and a pickle. *Add bacon for \$.50

The Boss Chicken Sandwich \$6.99

Crispy or grilled chicken tossed in Boss Sauce, topped with bacon, lettuce and tomato on a soft roll, served with house fried potato chips, and a pickle.

(Substitute plant based crispy chicken for \$.75)

Entrees

House-made Chicken Fingers \$6.99

Served with house fried potato chips, pickle and choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Buffalo Sauce.

Chicken Marsala \$6.99

Sautéed chicken breast, with a Marsala wine and mushroom sauce, served over linguine.

Pizzas

Cheese (Vegetarian) \$4.99

Pepperoni \$5.99

Buffalo Chicken \$6.99

Please inform us of any food allergies



Dining Options

The Hospitality Program at Monroe Community College welcomes you to **Food For Thought**.

Hours

Our students are available to serve you in this instructional laboratory Monday through Thursday from 11:30 a.m. to 1:00 p.m. for dine-in and take-out service.

Reservations

Please call **(585) 292-FOOD (x3663)** for reservations and information about Food For Thought.

The faculty, staff, and students thank you for your patronage.

Social Media

Check-out our Facebook page at [@FoodForThoughtMCC](https://www.facebook.com/FoodForThoughtMCC)



Hospitality Management
MONROE COMMUNITY COLLEGE

Food For Thought is located in Building 3, Room 146

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness