



# Library Services

MONROE COMMUNITY COLLEGE

May 13 - 17, 2019

## Take a Brain Break

Events are meant to serve as a quick break from your studies to encourage emotional and mental wellness.

All events will be held at LeRoy V. Good Library on the Brighton Campus.

**Pot a Plant - Monday, May 13, Noon - 1pm**

MCC Greenhouse, Biology Department

**Pause4Paws - Tuesday, May 14, 12:30pm- 1:30pm**

Therapy Dog Tuesday Monthly Event

Therapy Dogs International, English and Philosophy Department

**Health Kits - Wednesday, May 15, Noon - 1pm**

Health Services, Counseling Center

**Button Making - Thursday, May 16, Noon - 1pm**

Open Educational Resources Initiative

### Week-Long Brain Break Stations

#### Fuel-Up Station:

Coffee in the mornings and snacks all day!

FYE and Admissions, and the Open Educational Resources Initiative

#### Creation Station:

Daily sudoku, crosswords and word-searches

along with coloring pages and bullet-journaling materials