



FOOD FOR THOUGHT

Weeks of 3/29/2021 – 4/15/2021 **MENU**

SOUPS & SIDES

Soup: Chicken Tortilla	
Small	\$2.49
Large	\$3.49
French Fries	\$1.99

SALADS

Side Garden Salad	\$2.25
<i>(Can be made without gluten and vegan)</i>	
<i>Crisp romaine lettuce with cucumber, tomato, red onion, carrots and croutons.</i>	

Cobb Salad	\$5.99
<i>Crisp romaine lettuce with hard-boiled egg, crumbly bleu cheese, tomato, red onion, bacon, avocado and croutons.</i>	

Avocado Grain Bowl	\$4.49
<i>Quinoa tossed in a lemon vinaigrette, topped with avocado, hard-boiled egg, cucumber, tomato, seasoned chick peas.</i>	

Add grilled chicken for \$1.99

Dressing options: Ranch, Caesar, House Vinaigrette, Bleu Cheese, or Honey Mustard.

BRICK-OVEN PIZZA

Cheese	\$4.99
<i>House-made red sauce, with mozzarella cheese.</i>	
Buffalo Chicken	\$5.49
<i>House-made Buffalo-bleu cheese sauce, Buffalo chicken, and mozzarella cheese.</i>	
BBQ Chicken	\$5.49
<i>Crispy chicken, barbecue sauce and mozzarella cheese.</i>	
<i>Optional add-on toppings</i>	\$\$.50 each
<i>Pepperoni, bacon, vine-ripe tomatoes, crispy chicken, grilled chicken</i>	

SANDWICHES

Breakfast Sandwich	\$3.49
<i>Egg, bacon, and cheddar cheese on a soft roll or focaccia bread</i>	

Classic Grilled Cheese Sandwich	\$5.49
<i>Cheddar and provolone cheeses, on focaccia bread, served with house fried potato chips, and a pickle.</i>	

Freshly Ground Burger	\$5.99
<i>with your choice of cheese (cheddar, provolone, pepper jack), lettuce, tomato and onion on a soft roll, served with house fried potato chips, and a pickle.</i>	
<i>*Add bacon for \$.50</i>	

Santa Cruz Panini	\$5.99
<i>Roasted turkey, avocado, bacon, tomato and cheddar cheese on toasted focaccia, served with house fried potato chips, and a pickle.</i>	

½ Sandwich & Cup of Soup or Fries	\$4.99
<i>(Grilled Cheese or Panini)</i>	

Buffalo Chicken Wrap	\$5.99
<i>Crispy buffalo chicken, romaine lettuce and bleu cheese sauce in a whole wheat wrap, served with house fried potato chips, and a pickle.</i>	

ENTREES

House-made Chicken Fingers	\$6.49
<i>Served with French Fries, pickle and choice of sauce: Honey Mustard, BBQ, Bleu Cheese, Ranch or Buffalo Sauce.</i>	

Weekly Highlight:

Chicken French	\$6.99
<i>Egg-battered chicken breast with a lemon sherry sauce, served over linguini.</i>	

DESSERTS

Brownie or Cookie Sundae	\$2.49
<i>Warm brownie or chocolate chip cookie with vanilla ice cream and whipped cream.</i>	

Fudgy Brownie or Chocolate Chip Cookie	\$1.49
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Cheesecake	\$2.49
<i>Traditional NY style cheesecake with caramel sauce and whipped cream</i>	

BEVERAGES

Milkshake	\$2.99
<i>(Vanilla, Chocolate, Strawberry)</i>	
Assorted Beverages	\$1.49




*The Hospitality Program at Monroe Community College
welcomes you to **Food For Thought**.*

*Our students are available to serve you in this instructional laboratory
Monday through Thursday from 11:30 a.m. to 1:00 p.m. for dine-in service, by reservation
only, during the Fall 2020 semester*

The restaurant is open for take-out and grab & go service 11:30 a.m. to 1:15 p.m.

*The faculty, staff, and students thank you
for your patronage.*

*Please call **292-FOOD (x3663)** for reservations and information about Food For Thought*

Check-out our Facebook  page at @FoodForThoughtMCC

Order online! <https://order.tbline.com/food-for/pickup>



Hospitality Management
MONROE COMMUNITY COLLEGE