



## AAWCC: Our Hearts Beat for MCC

Join the MCC Chapter of the American Association for Women in Community Colleges as we gear up to once again support the American Heart Association!

We understand that the COVID-19 pandemic has impacted many people, both mentally and physically. Regrettably, as with any disease, it is difficult to know what steps are the right ones to take, and where to turn for help. Thankfully, there are great organizations such as the American Heart Association!

AAWCC has long partnered with organizations like the American Heart Association as they offer information and support to individuals and families suffering from heart disease.

This year, we want to encourage our members to consider donating for the remainder of February to this worthy organization in support of heart health. You can donate directly on the American Heart Association's website:

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[https://www2.heart.org/site/TR/FunRaiser/General?px=20544215&pg=personal&fr\\_id=3929](https://www2.heart.org/site/TR/FunRaiser/General?px=20544215&pg=personal&fr_id=3929)



OR as something new, you can sign-up for the following:

- Zumba via Zoom ( two 45min sessions, choose one or both)

Payment options:

1. CashApp to ..... \$Yjohnson1919 —OR—
2. Bring cash or check to Campus Events office (03-108) on Tuesday (2/16) between 3:00pm—4:00pm or Wednesday (2/17) between 11:00am—12:00pm.

Cost: \$10.00 per session. **Payment must be received by 02/22/21.**

Checks can be made out to *American Association for Women in Community Colleges (AAWCC)*.

Class dates: Tuesday, February 23, 2021 (1:00pm-2:00pm)

Wednesday, February 24, 2021 (5:00pm-6:00pm)

Note: Each session will be limited to 20 attendees

**RSVP to Yolanda Johnson at [aawccevents@monroecc.edu](mailto:aawccevents@monroecc.edu) by 12:00 pm on February 22.**



Our goal is to raise at least \$250 this year, and AAWCC will match funds up to this amount. Please consider donating today!

*Sponsored by AAWCC*