



Read the following statements below. Check “yes”, “no”, or maybe” to identify if the statement applies to you.

1. I have a designated area for studying.

Yes            No            Maybe

2. I am well-organized.

Yes            No            Maybe

3. I manage my time well, and complete homework and assignments with time to spare.

Yes            No            Maybe

4. I study and prepare well for my test.

Yes            No            Maybe

5. I have an effective system for note-taking.

Yes            No            Maybe

6. I regularly review my notes before and after class.

Yes            No            Maybe

7. I am aware of the academic resources available to me on campus.

Yes            No            Maybe

8. If I miss class I follow up with my professor to make up any missed work.

Yes            No            Maybe

9. I manage stress well.

Yes            No            Maybe

10. I typically study 2-3 hours outside of class for every hour in class.

Yes            No            Maybe