



Menu for 11/1/2021 – 11/18/2021

### Soups & Sides

<b>Soup:</b> Butternut Squash Soup (vegetarian)	
Small	\$2.99
Large	\$3.99
<b>French Fries</b>	\$1.99
<b>House Fried Potato Chips</b>	\$1.79

### Salads

<b>Side Garden Salad</b>	\$2.49
(Can be made without gluten and vegan)	
Crisp romaine lettuce with cucumber, tomato, red onion, carrots and croutons.	
<b>Cobb Salad</b>	\$6.29
Crisp romaine lettuce with hard-boiled egg, crumbly blue cheese, tomato, red onion, bacon, avocado and croutons.	
<b>Asian-Style Grain Bowl</b>	\$5.39
Quinoa tossed in a sesame ginger dressing, topped with edamame, purple cabbage, kale, mandarin oranges and sesame seeds.	

Add grilled chicken or sliced Turkey for \$1.99

Salad Dressing options: Ranch, Caesar, House, Bleu Cheese, or Honey Mustard.

### Brick-Oven Pizza

<b>Cheese</b> (Vegetarian)	\$4.99
House-made red sauce, with mozzarella cheese.	
<b>Pepperoni</b>	\$5.99
House-made red sauce, with mozzarella cheese	
<b>Buffalo Chicken</b>	\$6.29
House-made Buffalo-bleu cheese sauce, Buffalo chicken, and mozzarella cheese.	
<b>BBQ Chicken</b>	\$6.29
Crispy chicken, barbecue sauce and mozzarella cheese.	

### Beverages

<b>Milkshake</b>	\$3.59
(Vanilla, Chocolate, Strawberry, or Pumpkin)	
<b>Assorted Beverages</b>	\$1.79
Assorted bottled beverages, coffee, hot tea, iced tea, lemonade.	

### Sandwiches

<b>Breakfast Sandwich</b>	\$3.79
Egg, bacon, and cheddar cheese on a soft roll or focaccia bread.	
<b>Classic Grilled Cheese Sandwich</b> (vegetarian)	\$5.49
Cheddar, provolone and pepper jack cheeses on panini bread, served with house fried potato chips and a pickle.	
<b>Santa Cruz Panini</b>	\$6.79
Roasted turkey, avocado, bacon, tomato and cheddar cheese on panini bread, served with house fried potato chips, and a pickle.	
<b>½ Sandwich &amp; Cup of Soup or Fries</b>	\$5.49
(Grilled Cheese or Panini)	
<b>Slider Burgers</b>	\$6.79
Two mini burgers with your choice of cheese (cheddar, provolone, pepper jack), lettuce, tomato and sautéed onions on a soft roll, served with house fried potato chips, and a pickle. *Add bacon for \$.50	
<b>Buffalo Chicken Wrap</b>	\$6.79
Crispy buffalo chicken, romaine lettuce, tomato, red onion, and bleu cheese sauce in a whole wheat wrap, served with house fried potato chips, and a pickle.	

### Entrees

<b>House-made Chicken Fingers</b>	\$6.49
Served with house fried potato chips, pickle and choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Buffalo Sauce.	
<b>Chicken French</b>	\$6.99
Egg-battered chicken breast with a lemon sherry sauce, served over rice pilaf.	

### Desserts

<b>Brownie Sundae</b>	\$3.49
Warm brownie with vanilla ice cream and whipped cream.	
<b>Fudgy Brownie</b>	\$1.99
<b>Chocolate Mousse</b>	\$2.49



### Dining Options

The Hospitality Program at Monroe Community College welcomes you to **Food For Thought**.

#### Hours

Our students are available to serve you in this instructional laboratory Monday through Thursday from 11:30 a.m. to 1:00 p.m. for dine-in service.

The restaurant is open for take-out and grab & go service from 11:30 a.m. to 1:15 p.m.

#### Reservations

Please call **(585) 292-FOOD (x3663)** for reservations and information about Food For Thought.

The faculty, staff, and students thank you for your patronage.

### Social Media

Check-out our Facebook page at [@FoodForThoughtMCC](https://www.facebook.com/FoodForThoughtMCC)



**Hospitality Management**  
MONROE COMMUNITY COLLEGE