



Weeks of 9/15-10/7/2021 Menu

Soups & Sides

Soup: Chicken Tortilla	
Small	\$2.99
Large	\$3.99
French Fries	\$1.99
House Fried Potato Chips	\$1.79

Salads

Side Garden Salad	\$2.49
(Can be made without gluten and vegan)	
Crisp romaine lettuce with cucumber, tomato, red onion, carrots and croutons.	
Classic Caesar Salad	\$5.19
Crisp romaine lettuce, croutons, parmesan cheese, red onions, and tomatoes with Caesar dressing.	
Pesto Quinoa Grain Bowl	\$5.39
(Vegan and made without gluten)	
Quinoa, spinach, grape tomato, cucumber, and pine nuts tossed in pesto sauce.	
Add grilled chicken or sliced turkey for \$1.99.	
Dressing options: Ranch, Caesar, House Vinaigrette, Bleu Cheese, or Honey Mustard.	

Brick-Oven Pizza

Cheese (Vegetarian)	\$4.99
House-made red sauce, with mozzarella cheese.	
Pepperoni	\$5.99
House-made red sauce, with mozzarella cheese.	
Buffalo Chicken	\$6.29
House-made Buffalo-bleu cheese sauce, Buffalo chicken, and mozzarella cheese.	
Grilled Chicken Margherita	\$6.29
Basil pesto, sliced chicken sliced tomato and mozzarella cheese.	

Beverages

Milkshake	\$2.99
(Vanilla, Chocolate, or Strawberry)	
Assorted Beverages	\$1.49
Assorted bottled beverages, coffee, hot tea, lemonade, iced tea	

Sandwiches

Breakfast Sandwich	\$3.79
Egg, bacon, and cheddar cheese on a soft roll or focaccia bread.	
Classic Grilled Cheese Sandwich	\$5.49
(Vegetarian)	
Cheddar and provolone cheeses on focaccia bread, served with house fried potato chips and a pickle.	
Caprese Panini	\$5.49
(Vegetarian)	
Vine-ripened tomato, provolone cheese and fresh pesto on toasted focaccia, served with house fried potato chips, and a pickle.	
<i>Add grilled chicken or sliced Turkey for \$1.99</i>	
1/2 Sandwich & Cup of Soup or Fries	\$5.49
Grilled Cheese or Panini.	
Slider Burgers	\$6.79
Two mini burgers with your choice of cheese (cheddar, provolone, pepper jack), lettuce, tomato and sautéed onions on a soft roll, served with house fried potato chips, and a pickle.	
*Add bacon for \$.50	
Buffalo Chicken Wrap	\$6.79
Crispy buffalo chicken, romaine lettuce, and bleu cheese sauce in a whole wheat wrap, served with house fried potato chips and a pickle.	

Entrees

House-made Chicken Fingers	\$6.49
Served with French fries, pickle and choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Buffalo Sauce.	
Traditional Macaroni & Cheese (Vegetarian)	side \$2.49 Entrée \$5.99
Creamy baked macaroni with cheddar cheese.	

Desserts

Brownie Sundae	\$3.49
Warm brownie with vanilla ice cream and whipped cream.	
Fudgy Brownie	\$1.99
Warm Apple Crisp	\$2.29
Add a scoop of vanilla ice cream for \$1.49	



The Hospitality Program at Monroe Community College welcomes you to Food For Thought.

Hours

Our students are available to serve you in this instructional laboratory Monday through Thursday from 11:30 a.m. to 1:00 p.m. for dine-in service.

The restaurant is open for take-out and grab & go service from 11:30 a.m. to 1:15 p.m.

Reservations

Please call **(585) 292-FOOD (x3663)** for reservations and information about Food For Thought.

The faculty, staff, and students thank you for your patronage.

Social Media

Check-out our Facebook page at [@FoodForThoughtMCC](#)

