

# Food For Thought Heat and Eat Menu October 31 – November 18

An accessible version of this menu is available on the [MCC Heat and Eat menu webpage](#).

## DINNERS

Approximately Serve 4

### Chicken French Dinner \$29.99

Chicken French, rice pilaf, bread sticks, salad/dressing, dessert

### Sausage & Ricotta Bake \$29.99

Sausage, ricotta cheese, red sauce and pasta, with salad/dressing, focaccia bread sticks, dessert

## SOUP

Per Quart

### Butternut Squash \$8.49

### Corn Chowder \$8.49

## ADD-ONS

### Macaroni & Cheese Bake \$11.99

Approximately serves 4

### Assorted Cookies & Brownies \$11.99



Email: [rgriffin20@monroecc.edu](mailto:rgriffin20@monroecc.edu) to place your order!

Orders must be placed 24 hours in advance.

Pick up times are available Monday - Friday 11:00am - 4:00pm