

Menu for 3/28/2022 - 4/14/2022

An accessible version of this menu is available on the MCC Food For Thought webpage

\$5.39

Soups & Sides	
Soup: Corn Chowder	
Small	\$2.99
Large	\$3.99
French Fries	\$1.99
House Fried Potato Chips	\$1.79

Salads

Cobb Salad \$6.29

Crisp romaine lettuce with hard-boiled egg, crumbly bleu cheese, tomato, red onion, bacon, avocado mash and croutons.

Asian-Style Quinoa Bowl

Quinoa tossed in a sesame ginger dressing, topped with edamame, purple cabbage, kale, mandarin oranges and sesame seeds.

Add grilled chicken or sliced Turkey for \$1.99

Dressing options: Ranch, Caesar, House Vinaigrette, Bleu Cheese, or Honey Mustard.

Beverages

Milkshake \$3.59

(Vanilla, Chocolate, Strawberry, Mocha)

Assorted Beverages \$1.79

Assorted bottled beverages, coffee, hot tea, iced tea, lemonade.

Sandwiches

Breakfast Sandwich \$3.79

Egg, bacon, and cheddar cheese on a soft roll.

Classic Grilled Cheese Sandwich (vegetarian) \$5.49 Cheddar, provolone and pepper jack cheeses on panini bread, served with house fried potato chips and a pickle.

Santa Cruz Panini \$6.79

Roasted turkey, avocado spread, bacon, tomato and cheddar cheese on panini bread, served with house fried potato chips, and a pickle.

1/2 Sandwich & Cup of Soup or Fries \$5.49

(Grilled Cheese or Panini)

Slider Burgers \$6.79

Two mini burgers with your choice of cheese (cheddar, provolone, pepper jack), lettuce, tomato and sautéed onions on a soft roll, served with house fried potato chips, and a pickle. *Add bacon for \$.50

Buffalo Chicken Sandwich \$6.79

Crispy or grilled chicken tossed in buffalo sauce, topped with buffalo blue cheese, lettuce and tomato on a soft roll, served with house fried potato chips, and a pickle.

Entrees

House-made Chicken Fingers

\$6.49

Served with house fried potato chips, pickle and choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Buffalo Sauce.

Chicken French

\$6.99

Egg-battered chicken breast with a lemon sherry sauce, served over linguine.

Desserts

Brownie Sundae

\$3.49

Warm brownie with vanilla ice cream and whipped cream.

Fudgy Brownie \$1.99

Carrot Cake \$2.49



Dining Options

The Hospitality Program at Monroe Community College welcomes you to Food For Thought.

Hours

Our students are available to serve you in this instructional laboratory Monday through Thursday from 11:30 a.m. to 1:00 p.m. for dine-in and take-out service.

Reservations

Please call **(585) 292-FOOD (x3663)** for reservations and information about Food For Thought.

The faculty, staff, and students thank you for your patronage.

Social Media

Check-out our Facebook page at <u>@FoodForThoughtMCC</u>

