

# Food For Thought Heat and Eat Menu October 11 - October 28

## DINNERS

Approximately Serve 4

### Chicken Provencal \$24.99

Chicken Provencal, rice pilaf, focaccia bread sticks, salad/dressing, dessert

### Chicken Curry with Rice \$24.99

Curried chicken thighs with basmati rice, peas, chick peas, and tomatoes, salad/dressing, rolls, dessert

### Pumpkin Alfredo Pasta Bake \$24.99

Pumpkin and goat cheese pasta bake with bacon, salad/dressing, focaccia bread sticks, dessert

## SOUPS

Per Quart

### Coconut Curry Pumpkin \$7.99

### Creamy Tomato-Basil \$7.99

## ADD-ONS

### Macaroni & Cheese Bake \$9.99

Approximately serves 4

### Personal Pizza \$5.99

Assorted toppings and sauces available

### Pumpkin Roll \$8.99

4 servings



*Email: [rgriffin20@monroecc.edu](mailto:rgriffin20@monroecc.edu) to place your order!*

*Orders must be placed 24 hours in advance.*

*Pick up times are available Monday - Friday 10:30am - 4:00pm*