



Thanksgiving Food Drive November 6-10, 2017

In alignment with the College's mission and emphasis on student success, the MCC Chapter of the American Association of Women in Community Colleges (AAWCC), Sodexo, MCC Student Government Association (SGA), the MCC Support Staff Planning Council, and the Wellness Council are working together to collect non-perishable or monetary donations to ensure the MCC Student Government Association (SGA) student food pantry DWIGHT (Doing What is Good and Healthy Together) is stocked for this academic year.

If you know of a student in need, please help to protect their confidentiality by directing them to the Health Services Office, 3-165 or to the Counseling Services, 3-103.

Thank you for your continued support and for questions, please email: yjohnson@monroecc.edu or mkarlnoski@monroecc.edu

Drop Locations:

Brighton Campus

Academic Services – 1-309 Maureen Karlnoski
Advising and Transfer Services – 1-221B Jenn Kinslow
Campus Events – 3-120 Yolanda Johnson
Buildings 4, 5 & 6 – CNS, 4-107 Carmen Josey
Building 8 – Mathematics, 8-510 Diane Wilson
Marketplace - **Donate one (1) canned good item, receive a free small coffee!**

Downtown Campus

The Wellness Promotion Center - Ambika Howell, Room 226
EDIWS – Melissa Burley, Room 774B
321 Café - **Donate one (1) canned good item, receive a free small coffee!**

MCC Foundation

Kathy Gilman, Room 160 – 1057 E. Henrietta Road



Wellness Council
MONROE COMMUNITY COLLEGE



sodexo





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DWIGHT Pantry Items Needed

Protein

- Cans of Tuna
- Cans of Chicken
- Canned Stew
- Canned Chili
- Hash
- Pork and Beans
- Soups
- Spaghetti Sauce and other pasta sauces
- Kidney Beans
- Peanut Butter

Canned Vegetables (16 ounce cans or smaller)

- Beans
- Carrots
- Peas
- Mixed vegetables
- Tomatoes
- Corn

Fruits (16 ounce cans or smaller)

- Canned Fruits
- Fruit Cups
- Dried Fruits
- Raisins
- Juice Boxes

Starches

- Rice
- Pasta
- Macaroni and Cheese
- Crackers
- Cans of Ravioli, SpaghettiO's, etc.
- Hamburger Helper
- Boxed Meals
- Instant Potatoes

Breakfast

- Boxes of Cereal
- Instant Oatmeal (individual packets)
- Cereal Bars
- Pancake Mix
- Syrup
- Pop Tarts
- Muffin Mix

On the Go/Snacks

- Tortilla Chips
- Salsa
- Pringles
- Cookies
- Pudding Cups
- Granola Bars
- Microwave Popcorn
- Easy Mac
- Microwaveable Non-Frozen Meals

Spices:

- Cinnamon
- Salt
- Pepper
- Seasoned Salt
- Garlic Powder
- Onion Powder

Other:

- Jelly
- Honey
- Sugar & sweetener (packets)
- Shelf-stable milk

Basic Necessities

- Soap
- Shampoo
- Conditioner
- Toothpaste