

Healthy Topics Presenters Include:

- ◆ **CCCED**—Jennifer Desanto, BS, MS Ed
- ◆ **CPGR**— TBA
- ◆ **EPI**- Michael Radell, Education Coordinator
- ◆ **HFP**— Holly Leisten and Jessica Coleman, Community Health Educators
- ◆ **JH**— Barbara Turner, Prevention Educator
- ◆ **RSN**— Cameron Farash, MSW, Program Coordinator
- ◆ **MCC Title IX**— Kathrine Nicholas, Prevention and Education Coordinator
- ◆ **MCC HS**—Shea Smuk & Kelvin Peek, Student Peer Health Educators
- ◆ **ROCfit**— Yana Khashper, LCSW, Co-founder
- ◆ **SNAP**— Pamela Johnson, NOE
- ◆ **UHC** – Chandra Santiago, LMSW,CCM



MCC Health Services (MCCHS)
is in partnership with
professional community resources to bring
best practice standards in health & wellness
education to the MCC community.

- **CCCED**- Comprehensive Care Center for Eating Disorders, URMCC
- **CPGR**- Community Place of Greater Rochester
- **EPI**- Epilepsy-PRALID Inc.
- **HFP**- Highland Family Planning
- **JH**- Jordan Health, Prevention and Primary Care
- **RSN**- Recovery Support Navigator, a collaboration between Liberty Resources, Syracuse Behavioral Health & the Monroe County Office of Mental Health
- **ROCfit**- ROCoverly Fitness
- **SNAP**- Supplemental Nutrition Assistance Program
- **UHC**- Univera Healthcare (Behavioral Health), a division of Excellus

Student Health Services

Monroe Community College
Building 3, Room 165
1000 East Henrietta Road
Rochester, New York 14623
Open 8:45-4:45 Monday- Friday
Phone (585) 292-2018

For more information, visit us on the web at
monroecc.edu/depts/stuhealth



**MCC STUDENT HEALTH
SERVICES PRESENTS:**

HEALTHY TOPICS
FOR
EVERYDAY
LIVING

Spring 2018



Location: Brick Lounge
First Floor, Building 1
Time: 12:00 pm – 1:00 pm
Most Mondays- Thursdays



Recovery Support Navigator (RSN)
 Wednesday, March 7, 2018

HIV Awareness (JH)
 Thursday, March 8, 2018

MCC Tobacco Free! (MCC HS)
 Monday, March 12, 2018

Food Assistance (SNAP)
 Tuesday, March 13, 2018

Importance of Sleep (MCC HS)
 Wednesday, March 14, 2018

ROcovery Fitness (ROCFit)
 Thursday, March 15, 2018

Recovery Support Navigator (LR)
 Monday, March 19, 2018

Highland Family Planning (HFP)
 Tuesday, March 20, 2018

Positive Body Image (MCC HS)
 Wednesday, March 21, 2018

Substance Abuse Awareness (MCC HS)
 Thursday, March 22, 2018

Food Assistance (SNAP)
 Monday, March 26, 2018

Mental Health (UHC)
 Tuesday, March 27, 2018



Problem Gambling (CPGR)
 Wednesday, March 28, 2018

Safe Tattoos/Body Piercings (MCC HS)
 Thursday, March 29, 2018

Learn About TITLE IX (MCC)
 Monday, April 9, 2018

Seizures and Head Injuries (EPI)
 Tuesday, April 10, 2018

Highland Family Planning (HFP)
 Thursday, April 12, 2018

Recovery Support Navigator (RSN)
 Monday, April 16, 2018

Learn About Eating Disorders (CCCED)
 Tuesday, April 17, 2018

Substance Abuse Prevention (CPGR)
 Wednesday, April 18, 2018

Food Assistance (SNAP)
 Thursday, April 19, 2018

ROcovery Fitness (ROCFit)
 Monday, April 23, 2018

Highland Family Planning (HFP)
 Tuesday, April 24, 2018

HIV Awareness (JH)
 Thursday, April 26, 2018

Highland Family Planning (HFP)
 Tuesday, February 6, 2018

Food Assistance (SNAP)
 Thursday, February 8, 2018

HIV Awareness (JH)
 Monday, February 12, 2018

Seizures and Head Injuries (EPI)
 Tuesday, February 13, 2018

Highland Family Planning (HFP)
 Wednesday, February 14, 2018

ROcovery Fitness (ROCFit)
 Thursday, February 15, 2018

Recovery Support Navigator (RSN)
 Monday, February 26, 2018

Food Assistance (SNAP)
 Wednesday, February 28, 2018

Learn About TITLE IX (MCC)
 Thursday, March 1, 2018

Highland Family Planning (HFP)
 Monday, March 5, 2018

Learn about Eating Disorders (CCCED)
 Tuesday, March 6, 2018