

WELCOME TO OUR **SMOKE** **FREE** CAMPUS

MCC Health Services is in partnership with Professional Community Resources to bring “Best practice standards” in health & wellness to the MCC community.

- MCC Health Services (MCC HS)
- Allergy Advocacy Association (AlAd)
- Community Place of Greater Rochester (CPRG)
- Elizabeth Wende Breast Care (EWBC)
- Excellus Behavioral Health (EBH)
- Finger Lakes Donor Recovery Network (FDRN)
- Highland Family Planning (HFP)
- Huther Doyle (HD)
- Jordan Health (JH)
- Monroe County Department of Public Health (MCDPH)
- RESTORE (RESTORE)
- ROCovery Fitness (ROCovery)
- Supplemental Nutrition Assistance Program (SNAP)
- URMCC Department of Public Health Research Sciences (URMC)
- Villa of Hope (VOH)

For more information, visit us on the web at
[http://www.monroecc.edu/depts/stuhealth/?](http://www.monroecc.edu/depts/stuhealth/?dept)

[dept](#)

*MCC Student Health Services
In collaboration with area Professional
Community Agencies is offering
Healthy Topic Presentations:*

Presenters include:

*MCC HS – Sue George, Shea Smuk,
Kelvin Peek*

AlAd – Jon Terry

CPGR – Rachel Mahar

EWBC – Salena Sachman

EBH – Catherine Lukasiewicz

FDRN – Amy James

HFP – Holly Leisten, Jessica Coleman

HD - Kaylee Zaleski

JH – Krysta Baccari

MCDPH – John Owens

RESTORE – Emily LoBrutto, Karly Nocera

ROCovery – Yana Khashper

SNAP – Pamela Johnson

URMC – Donna Dixon

VOH – Stephanie Dawson

Who We Are

**Student Health Services
Monroe Community College
1000 East Henrietta Road
Rochester, New York 14623
585-292-2018**



**HEALTH SERVICES
PRESENTS:
“HEALTHY TOPICS
FOR EVERYDAY
LIVING”**

Fall 2017

*Healthy Living is Happy
Living!*



Location: Brick Lounge
Time: 12:00 pm – 1:00 pm

MCC Health Services Information (MCC HS)
Tuesday, September 19, 2017

MCC Tobacco Free: “Live, Learn and Breathe!” (MCC HS)
Thursday, September 21, 2017

Contraception Methods & Options (HFP)
Monday, September 25, 2017

Supplemental Nutrition Assistance Plan (SNAP)
Thursday, September 28, 2017

STI’s What Everyone Should Know (MCC HS)
Monday, October 2, 2017

Supplemental Nutrition Assistance Plan (SNAP)
Wednesday, October 4, 2017

Highland Family Planning Services (HFP)
Thursday, October 5, 2017

Women’s Health (EWBC)
Monday, October 9, 2017

Breast Cancer Awareness (URMC)
Tuesday, October 10, 2017

Excellus Behavioral Health (EBH)
Wednesday, October 11, 2017



RESTORE – Where Healing Begins (RESTORE)
Thursday, October 12, 2017

Overall Sexual Health (HFP)
Monday, October 16, 2017

Keep Calm and Carry EpiPens! (AIAd)
Wednesday, October 18, 2017

**Gambling: “The Sure Way of Getting Nothing for
Something.” (CPGR)**
Thursday, October 19, 2017

**ROcovery Fitness by Physical Fitness and Community Support
(ROcovery)**
Monday, October 23, 2017

**Huther Doyle: “Where Addiction Recovery Saves Lives.”
(HD)**
Tuesday, October 24, 2017

Healthy Relationships (HFP)
Thursday, October 26, 2017

Women’s Health (EWBC)
Monday, October 30, 2017

**Making Halloween Safe and Hauntingly Fun!
(MCC HS)**
Tuesday, October 31, 2017

Behavioral Health Topic (VOH)
Wednesday, November 1, 2017

Supplemental Nutrition Assistance Plan (SNAP)
Thursday, November 2, 2017



RESTORE – Where Healing Begins (RESTORE)
Monday, November 6, 2017

Birth Control Methods (JH)
Tuesday, November 7, 2017

Mental Health: “Me Too!” (EBH)
Wednesday, November 8, 2017

Pass Life On! Become a Donor! (FDRN)
Thursday, November 9, 2017

Sex, Sexuality and Gender (HFP)
Monday, November 13, 2017

**Illicit Drugs: “Life Can Take You Higher
Than Drugs.” (CPGR)**
Tuesday, November 14, 2017

RESTORE – Where Healing Begins (RESTORE)
Wednesday, November 15, 2017

Supplemental Nutrition Assistance Plan (SNAP)
Thursday, November 16, 2017

