



Menu for 10/11/2021 – 10/28/2021

Soups & Sides

Soup: Creamy Tomato-Basil Soup (vegetarian)	
Small	\$2.99
Large	\$3.99
French Fries	\$1.99
House Fried Potato Chips	\$1.79

Salads

Side Garden Salad	\$2.49
<small>(Can be made without gluten and vegan)</small>	
Crisp romaine lettuce with cucumber, tomato, red onion, carrots and croutons.	
Chef's Salad	\$6.29
Crisp romaine lettuce with cucumber, tomato, red onion, sliced turkey, ham, cheddar and provolone cheeses.	
Middle Eastern Grain Bowl	\$5.39
<small>(vegan and made without gluten)</small>	
Quinoa tossed in a lemon-cilantro dressing, topped with dried fruits, red peppers, toasted pine nuts and chives.	

Add grilled chicken or sliced turkey \$1.99

Dressing options: Ranch, Caesar, House Vinaigrette, Bleu Cheese, or Honey Mustard.

Brick-Oven Pizza

Cheese (Vegetarian)	\$4.99
House-made red sauce, with mozzarella cheese.	
Pepperoni	\$5.99
House-made red sauce, with mozzarella cheese	
Buffalo Chicken	\$6.29
House-made Buffalo-bleu cheese sauce, Buffalo chicken, and mozzarella cheese.	
Chipotle Chicken	\$6.29
Crispy chicken, chipotle aioli, bacon, roasted red pepper and mozzarella cheese.	

Beverages

Milkshake	\$3.59
<small>(Vanilla, Chocolate, Strawberry, or Pumpkin)</small>	
Assorted Beverages	\$1.79
Assorted bottled beverages, coffee, hot tea, iced tea, lemonade.	

Sandwiches

Breakfast Sandwich	\$3.79
Egg, bacon, and cheddar cheese on a soft roll or focaccia bread.	
Classic Grilled Cheese Sandwich (vegetarian)	\$5.49
Cheddar, provolone and pepper jack cheeses on panini bread, served with house fried potato chips and a pickle.	
Southwest Turkey Panini	\$6.79
Roasted turkey, pepper jack cheese, roasted red pepper and chipotle aioli on panini bread, served with house fried potato chips, and a pickle.	
½ Sandwich & Cup of Soup or Fries	\$5.49
<small>(Grilled Cheese or Panini)</small>	
Slider Burgers	\$6.79
Two mini burgers with your choice of cheese (cheddar, provolone, pepper jack), lettuce, tomato and sautéed onions on a soft roll, served with house fried potato chips, and a pickle. *Add bacon for \$.50	
Buffalo Chicken Wrap	\$6.79
Crispy buffalo chicken, romaine lettuce, tomato, red onion, and bleu cheese sauce in a whole wheat wrap, served with house fried potato chips, and a pickle.	

Entrees

House-made Chicken Fingers	\$6.49
Served with house fried potato chips, pickle and choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Buffalo Sauce.	
Chicken Provencal	\$6.99
Sautéed chicken breast with white wine, tomato, olives, anchovy paste, and fresh basil served over linguini.	

Desserts

Brownie Sundae	\$3.49
Warm brownie with vanilla ice cream and whipped cream.	
Fudgy Brownie	\$1.99
Pumpkin Roll	\$2.29
Add a scoop of vanilla ice cream for \$1.49	



Dining Options

The Hospitality Program at Monroe Community College welcomes you to **Food For Thought**.

Hours

Our students are available to serve you in this instructional laboratory Monday through Thursday from 11:30 a.m. to 1:00 p.m. for dine-in service.

The restaurant is open for take-out and grab & go service from 11:30 a.m. to 1:15 p.m.

Reservations

Please call **(585) 292-FOOD (x3663)** for reservations and information about Food For Thought.

The faculty, staff, and students thank you for your patronage.

Social Media

Check-out our Facebook page at [@FoodForThoughtMCC](https://www.facebook.com/FoodForThoughtMCC)



Hospitality Management
MONROE COMMUNITY COLLEGE