



Monroe Community College  
STATE UNIVERSITY OF NEW YORK

## Downtown Campus Fitness Center

# SPRING 2020

### Hours of Operation:

<b>Mondays</b>	<b>11am-1pm &amp; 2:30pm-6:00pm</b>
<b>Tuesdays</b>	<b>3:30pm-6:00pm</b>
<b>Wednesdays</b>	<b>11am-1pm &amp; 2:30pm-6:00pm</b>
<b>Thursdays</b>	<b>3:30pm-6:00pm</b>
<b>Fridays</b>	<b>11am-1pm &amp; 2:00pm-5:00pm</b>
<b>Saturdays</b>	<b>12:00pm-3:00pm</b>

*(The fitness center will not open when the college is officially closed )*

To utilize the Fitness Center *all*  
students, faculty, and/or staff must  
have the following:

- ◆ A valid MCC ID
- ◆ Proper gym attire
- ◆ Sign in at check-in desk



**Location: 2nd Floor, rm 236**