

Hispanic Heritage Month



Spotlight on Shannan S. Foos (Academic Foundations)



My name is Shannan S. Foos, she/ella, and I'm a Pathways to MCC Student Advocate in the Academic Foundations Program. I grew up in the rural mountains of Borinquen where my family cultivated the land around us. We grew banana and platano plants, had orange and tangerine trees, and plenty of pets. Growing up in the countryside of Puerto Rico afforded me many opportunities to connect with nature. One of my favorite things to do as a child was to hunt for wild guayabas. No matter if they were sweet or sour, I would crunch right into them. When I had the opportunity, I also loved swimming in the ocean and looking for seashells. During the Summer I miss piraguas and parcha sherbet. Those are the times my heart calls for mi patria the most!

After high school, I moved back to New York and attended MCC as a student. I loved my time here! My professors, advisors, and counselor made my transition from one culture to another and one school setting to another possible. They were amazing! I am grateful for all their support and encouragement! After MCC, I transferred to UofR and received my Bachelor's and Master's Degrees in Psychology and Counseling. I felt a calling to support individuals and students just as I'd been supported during my time here.

Throughout my career, I have provided support, counseling, and spiritual care to teens and adults in Monroe County. I am an advocate and supporter of my BIPOC, LGBTQ+, and marginalized siblings. I know well what it is like to be part of these communities. My passion is to make a difference in the lives of those I serve and to create connectedness among all those I encounter.

I have recently brought my passions and skills to Monroe Community College as a staff member. I love the work I do with students! Helping students of all ages receive their High School Equivalency Diploma and then move on to college, is an amazing experience of which to be a part! I look forward to being with my alma mater for many years to come!