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October

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>WORLD VEGETARIAN DAY! EAT A CARROT</p> <p>1</p>	 <p>CHILI</p> <p>2</p>	<p>ITALIAN WEDDING</p> <p>3</p>	 <p>VEGGIE LASAGNA</p> <p>4</p>	<p>FULL MOON</p>  <p>5</p>	 <p>BAKED FISH</p> <p>6</p>	<p>5 Pizzas to Make for National Pizza Month</p>  <p>7</p>
<p>BREAST CANCER AWARENESS MONTH</p>	 <p>CHICKEN FRIED STEAK</p> <p>8</p>	<p>ICE CREAM BAR \$1.99 Marketplace 2 to 4</p>  <p>10</p>	 <p>POTATO BAR</p> <p>11</p>	 <p>COLUMBUS DAY</p> <p>12</p>	 <p>CHOWDER</p> <p>13</p>	 <p>14</p>
 <p>I LOVE LUCY DAY!</p> <p>15</p>	 <p>BLUEBERRY PANCAKES</p> <p>16</p>	 <p>17</p>	 <p>STIR FRY</p> <p>18</p>	 <p>19</p>	 <p>Check Out Our Mindful Options</p> <p>20</p>	 <p>21</p>
 <p>22</p>	 <p>23</p>	<p>MILK & COOKIE \$1.99 Marketplace 2 to 4</p>  <p>24</p>	<p>NATIONAL "CHUCKY" DAY</p>  <p>25</p>	 <p>SALISBURY STEAK</p> <p>26</p>	 <p>27</p>	<p>MAKE A DIFFERENCE DAY</p>  <p>28</p>
<p>HAPPY INTERNATIONAL CAT DAY!</p>  <p>29</p>	 <p>30</p>	<p>TRICK OR TREAT</p> <p>31</p>	<p>Don't get left out of Great Deals and Select Items . Sign Up For Dtxt. Just Text: MCEats to 82257 and start saving today!!</p> 			

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