



# Watch for Mindful Menu Solutions...

Look for the  
Well Balanced  
symbol to find your way  
to better nutrition.

*Celebrate American Heritage  
Month!!*

### Hours

Monday - Thursday: 7:30m- 6:00pm  
Friday 7:30m-3:00pm

### Managers

Tom Van Pelt  
292-2513

|  |            |
|--|------------|
|  | Vegan      |
|  | Vegetarian |
|  | Mindful    |

# MARKETPLACE

## Week of Monday March 5

### Monday

- Soup: Chicken Noodle Soup (LS)
- Split Pea Soup
- Classic Chili
- Grill @: Chocolate Chip Pancakes
- Magellan's: Mustard Chicken & Spinach Stuffed Potato
- Pizza: Meatlover's Pizza

### Tuesday

- Soup: Beef Barley Soup
- Tuscan Seven Vegetable Soup
- Classic Chili
- Grill @: Chocolate Chip Pancakes
- Brighton Entree: Old Fashioned Beef Stew
- Magellan's: Pork Tenderloin Stir Fry & Soba Noodles
- Pizza: Meatlover's Pizza
- Roasted Vegetable Calzone

### Wednesday

- Soup: Hearty Turkey & Noodle Soup
- Loaded Potato Soup
- Classic Chili
- Grill @: Chocolate Chip Pancakes
- Magellan's: Bulgogi Beef Skewers with Jasmine Rice
- Pizza: Meatlover's Pizza
- Roasted Vegetable Calzone

### Thursday

- Soup: Tomato Basil Soup (Mindful)
- Cream of Mushroom with Wild Rice Soup
- Classic Chili
- Grill @: Chocolate Chip Pancakes
- Brighton Entree: Fried Bone In Chicken Wings
- Magellan's: Fried Bone In Chicken Wings
- Pizza: Meatlover's Pizza
- Roasted Vegetable Calzone

### Friday

- Soup: Beef and Black Bean Chili
- Mexican Clam Soup (Sopa de Almejas)
- Grill @: Chocolate Chip Pancakes