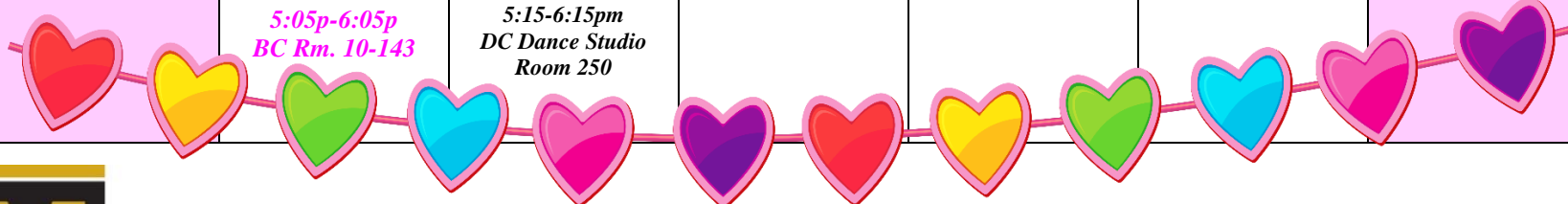


February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
February is American Heart Month!			2018	1	2 	3
4	5 PIYO 5:05p-6:05p BC Rm. 10-143	6 Kemetic Yoga 5:15-6:15pm DC Dance Studio Room 250	7	8	9	10 Family Ice Skating Bill Gray's Regional IcePlex 2:00-3:30 pm
11	12 Living Gluten Free DC Room 320A PIYO 5:05p-6:05p BC Rm. 10-143	13 Kemetic Yoga 5:15-6:15pm DC Dance Studio Room 250	14 Valentine's Day	15 Ideal Protein Info Session 12:00-1:00pm BC Room 3-115	16	17
18	19 PIYO 5:05p-6:05p BC Rm. 10-143	20	21	22	23 February is National Children's Dental Health Month	24
25	26 PIYO 5:05p-6:05p BC Rm. 10-143	27 Kemetic Yoga 5:15-6:15pm DC Dance Studio Room 250	28			

← Winter Recess →



Wellness Council

MONROE COMMUNITY COLLEGE

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<https://www.facebook.com/groups/MCCWellnessCouncil>