

## Food For Thought Menu

for 4/22/2019 – 5/9/2019

### Beverages

Milkshake (Vanilla, Chocolate, or Strawberry)	\$2.99
Coffee & Hot Tea	\$1.49
Soda (by the can), Lemonade, Iced Tea	\$1.49

### Soups & Sides

**Soup: Small \$2.49, Large \$3.49**

Vegetable-Tortilla  
Baked Potato

French Fries	\$1.99
Fruit Salad	\$1.99

### Salads

**Side Garden Salad** (can be made vegan and gluten free) \$2.25  
Mixed greens, carrots, red onions, red peppers, cucumber and croutons

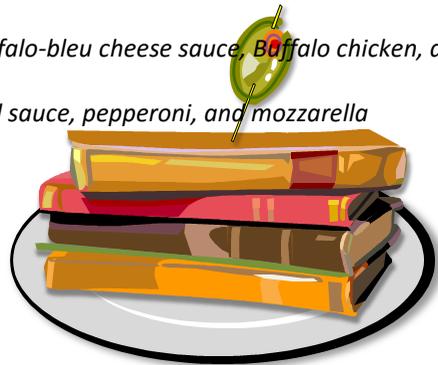
**Greek Salad** \$5.99  
Mixed greens with tomatoes, cucumbers, red peppers, Kalamata olives, pepperoncini, and feta cheese tossed in Greek dressing.

Add a Chicken Breast for \$1.99

### Brick-oven Pizza

**Buffalo Chicken** \$5.49  
House-made Buffalo-bleu cheese sauce, Buffalo chicken, and mozzarella

**Pepperoni** \$5.49  
House-made red sauce, pepperoni, and mozzarella



Dressing options: Ranch, Caesar, Balsamic Vinaigrette, Bleu Cheese, or Honey Mustard

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### Sandwiches

**Breakfast Sandwich** \$3.49  
Egg, bacon, and cheddar cheese on a soft roll

**Gourmet Grilled Cheese Sandwich** \$5.49  
Provolone, Swiss, roasted red peppers and spinach on panini bread, served with the side of the day and a pickle.

**Turkey BLT Panini** \$5.99  
Roasted turkey, BLT, and garlic aioli on grilled focaccia, served with the side of the day and a pickle.

**½ Sandwich and & Cup of Soup or Fries** \$5.99  
(Grilled Cheese or Turkey BLT)

**Black Bean Burger** (vegetarian) \$5.99  
With lettuce, tomato, onion, salsa, and sour cream on a soft roll, served with the side of the day and a pickle.

**Freshly Ground Burger** \$5.99  
with your choice of cheese (cheddar, Swiss, provolone), lettuce, tomato and onion on a soft roll, served with the side of the day and a pickle. \*Add bacon for \$.50.

**Buffalo Chicken Wrap** \$5.99  
Crispy buffalo chicken, romaine lettuce, tomato, red onion and buffalo bleu cheese sauce in a whole wheat wrap, served with the side of the day and a pickle.

**Greek Wrap** \$5.99  
Sliced chicken breast with feta cheese, cucumber, tomatoes, red onion, lettuce and Tzatziki in a whole wheat wrap, served with the side of the day and a pickle.

### Entrees

**House-made Chicken Fingers** \$5.99  
With choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Buffalo Sauce

**Chicken Parmesan Sandwich** \$6.49  
Seasoned and fried chicken with house made tomato sauce and mozzarella cheese on a hoagie roll, served with French fries

**Chicken French** \$6.99  
Egg-battered chicken cutlet with a lemon sherry sauce, served over linguine

Add a side of Fries for \$1.99