

# 321 CAFÉ

Week of Monday April 30



## Watch for Mindful Menu Selections!

Look for the Mindful icon to find  
your way to better nutrition.

*Celebrate American Heritage  
Month!!*

### Hours

Monday - Thursday: 7:30am to  
6:00pm  
Friday: 7:30 to 3:00

### Managers

Manager: Thomas Van Pelt  
585-292-2513

Cafe manager: Jon Rhees  
585-685-6231



Vegan



Vegetarian



Mindful

## MONDAY

|            |  |
|------------|--|
| Soup:      | Classic Chili<br>Classic Italian Wedding Soup      |
| Breakfast: | Blueberry Pancake                                  |
| Deli:      | California Chicken Club Sandwich                   |
| Entrée:    | Bacon BBQ Meatloaf Sandwich<br>Sloppy Joe Sandwich |

## TUESDAY

|            |   |
|------------|---|
| Soup:      | Classic Chili<br>Creamy Broccoli Cheddar Soup |
| Breakfast: | Blueberry Pancake                             |
| Deli:      | California Chicken Club Sandwich              |
| Entrée:    | Bacon BBQ Meatloaf Sandwich<br>Meat Lasagna   |

## WEDNESDAY

|            |  |
|------------|--|
| Soup:      | Classic Chili<br>Creamy Broccoli Cheddar Soup              |
| Breakfast: | Blueberry Pancake  |
| Deli:      | California Chicken Club Sandwich                           |
| Entrée:    | Bacon BBQ Meatloaf Sandwich<br>Fried Bone In Chicken Wings |

## THURSDAY

|            |   |
|------------|---|
| Soup:      | Classic Chili<br>Chicken & Noodle Soup                              |
| Breakfast: | Blueberry Pancake   |
| Deli:      | California Chicken Club Sandwich                                    |
| Entrée:    | Bacon BBQ Meatloaf Sandwich<br>Baked Chicken Parmesan with Linguine |

## FRIDAY

|            |   |
|------------|---|
| Soup:      | New England Style Clam Chowder  |
| Breakfast: | Blueberry Pancake   |
| Deli:      | California Chicken Club Sandwich  |
| Entrée:    | Bacon BBQ Meatloaf Sandwich<br>Haddock Fillets, Raw, 4-6 oz<br>Basmati Rice (Plain) |

## SATURDAY

## SUNDAY